

TMA Taekwondo is coming to Sam Houston Elementary School!

Special After School Taekwondo Program Starts Soon!

What is the TMA After-School Taekwondo Program all about?

TMA Kids is a **4 session character development** program that incorporates physical exercise with life skill lessons. Open to students in **Kindergarten to 5th grade**, this innovative series of classes is designed to not only introduce your child to basic martial arts but also to improve **focus, confidence, discipline and respect**. It will benefit your child at home, at school and in team sports. Master Yu and his staffs from TMA Taekwondo have **volunteered their time to teach the TMA World Class Kids program at your school.**

How does it benefit my school?

The instructors and materials required to run the TMA Kids Program will be donated by TMA Taekwondo as part of our commitment to helping local children in our community. **100% of the registration fee of \$20 will be donated directly to your school.**

*This program is taught by certified instructors from TMA Taekwondo who are experts at working with kids.
They are patient, enthusiastic, and know how to make learning fun.*

**Class #1
FOCUS**

**Class #2
RESPECT**

**Class #3
DISCIPLINE**

**Class #4
CONFIDENCE
Graduation at
TMA Taekwondo**



Where: All classes will be held in the school Gym.

When: Classes will be held after school from 3:00- 3:30 pm.

Class #1 Monday – February 29, 2016

Class #2 Monday – March 7, 2016

Class #3 Monday – March 21, 2016

Class #4 GRADUATION

A special Graduation Ceremony will be held at TMA Taekwondo on **Saturday, March 26, 2016.** 5017 Teasley Lane #12, Denton (nearby Kroger).

Clothing:

Similar to Physical Education Class, students should wear loose comfortable clothing and sneakers.

Important Note:

Students will need to arrange their own transportation home following the program.

Registration Form (please print)

Please return form to Sam Houston elementary school PE office or teacher.

I give my child permission to participate in the TMA Afterschool Program.

Child's Name: _____ Grade: _____ Age: _____

Parent's Name: _____

Street Address: _____ City: _____ Zip: _____

Home Phone #: _____ Cell Phone: _____

E-mail: _____

Student will a) walk home or b) be picked up by _____

() \$20 Enclosed. (Make checks payable to Sam Houston Elementary PTA)