



Denton High School

"In the Ultimate Pursuit of Excellence in Education"

AN INTERNATIONAL BACCALAUREATE WORLD SCHOOL

DHS PTSA Newsletter

5th Six Weeks Edition

March 2013

DISD—Denton High School
1007 Fulton Street
Denton, TX 76201
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www.dentonisd.org

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The DHS PTSA publishes a total of five (5) newsletters throughout the school year. If you wish to submit information about upcoming school activities, please submit no later than **April 17th** for the next DHS PTSA Newsletter issue. Submissions may be emailed to: missy.mccormick@unt.edu.

Denton Dash for Public Schools



RACING SYSTEMS



McALISTER'S



www.runontexas.com

THE CROSS TIMBERS GAZETTE

Denton Community Council of PTA's

PTA

everychild.onevoice.®

Come spend time with your community and enjoy a 5K Run and 1 Mile Fun Run/Walk through South Lakes Park. Enjoy time with your school while raising money to fund Senior Scholarships, Grad Night Celebrations and Teacher Grants. All proceeds will benefit our Denton ISD Schools.

April 13, 2013

Race begins at 8am, Walk up registration 7am. Or
www.getmeregistered.com/dentondash

\$25/ person, \$15/ student \$15/ teacher, Group rate available online.

School Contest- Which school will have the most registered? Come find out!

Individual Entry (5K or 1-Mile) at 8:30 AM

- \$25.00 registration (through 4/7 at 11:59 PM US/Central)
- \$15.00 student registration (through 4/7 at 11:59 PM US/Central)
- \$15.00 teacher registration (through 4/7 at 11:59 PM US/Central)

Family Rate (up to 8 members, 4 minimum) at 8:30 AM

- \$60.00 first four family members, \$15.00 each additional family member; registration (through 4/7 at 11:59 PM US/Central)

See more at: www.getmeregistered.com/dentondash

Book Cents Used Book Sale Volunteers Needed!

Please consider volunteering for the Book Cents Used Book Sale. This fundraiser benefits all DISD school libraries, the Denton Public School Foundation (grants and scholarships), as well as the Denton Community Council of PTAs. Volunteers are needed throughout the week – beginning with set-up on Monday, March 15, through sales and clean-up on Sunday, March 31. This is a great event to work. Everyone loves the bargains and there is no better smile than from a child with a book to call their own. Please use the link below. Feel free to pass this on to friends and relatives who may like to help.

STUDENT GROUPS ARE WELCOME TO VOLUNTEER!

To sign up go the following link:

<http://www.signupgenius.com/go/508054BAAA6229-book4>

Thank you!

Grace Chalon, DHS PTSA President

Bronco Volunteers!

Don't forget to report your volunteer hours. There were many events and activities that took place before the holiday break that could not have been a success without teamwork. Don't let these valuable hours go unreported. Submit your hours by going to the **DHS PTSA link** and clicking on **DHS Volunteer Database 2012-2013**. Include all time that benefited DHS such as hours spent shopping, sewing, baking, painting, building and traveling. Travel time to and from any volunteer event should also be reported. So sit back, relax and read through this informative newsletter. Then go to the [DHS Volunteer Database 2012-2013](#) link to submit your volunteer hours. The hours reported benefit our school district. Thank you for making a difference!

-Sully Saucedo, DHS-PTSA Volunteer Coordinator



Thank You Volunteers

Thank you to all of the volunteers that helped to make the January 28th Faculty/Staff Soup Luncheon such a success! The soups and baked items were enjoyed and appreciated by all who attended this event!

Heidi Klein, PTSA Staff Appreciation Chair



Dear Parents,

Do you know how important your membership in the PTSA is?

Click here on to learn about PTSA and what it does to improve the lives of your child and all the others here at Denton High School.



PTSA Board for 2012-2013

President, Grace Chalon
1st Vice President, Cheryl Hassell
2nd Vice President, Dianne Williamson
Treasurer, Linda Thompson
Secretary, Janell Trachta
Parliamentarian, Carisa Arme
Arts in Education Chair, Katie Roche
CLT, Rhonda Duggan
CLT, Loyce Wilson
District Council Rep, Lori Wolfe
Fundraising, Cheryl Hassell
Homecoming Chair, Cheryl Heal
Homecoming, Kelly Dozier
Legislative Representative, Mia Price
Membership Chair, Linda Thompson
Newsletter, Missy McCormick
Newsletter, Karen McCormick
Staff Appreciation, Heidi Klein
Volunteer Coordinator, Sully Saucedo

PTSA
everychild.onevoice.®



**There is still time to
 purchase raffle
 tickets.....take your
 chance on winning a car!**

Jim McNatt is once again supporting area schools and non-profit agencies by offering the raffle winner a car or truck valued at \$30,000 or less. The raffle will be held on **Saturday, May 18, 2013, at 10 am.**

McNatt pays tax, title and license! Each raffle ticket is \$2, and that entire amount will be donated to the DHS PTSA. McNatt does not keep a percent of the sales.

If you are interested in purchasing raffle tickets, please contact Grace Chalon, PTSA President, gchalon@verizon.net.

GOOD LUCK!



DHS Counseling Office Information Contact Information

Please feel free to contact us for your student's needs.

Dr. Doretha Hudspeth, Lead Counselor	S-Z 10 th -12 th grade	Ext. 2017
Dottie McEuin	L-R 10 th -12 th grade	Ext. 2018
Chris Lydia	9 th Grade	Ext. 2012
Vickie Reid	E-K 10 th -12 th grade	Ext. 2261
Jari Peltier	A- D 10 th -12 th grade	Ext.2019
Kim Keith	Career Counselor	Ext.2020
Dawn Pryor	Counseling Asst.	Ext.2011
Kelly DeLong	Registrar	Ext.2008

The following article was provided by Jennifer Mize, DHS Student Counselor.....

5 Things Every Parent Should Know... About Teen Substance Abuse

"How Do I know if my child has a problem?"

1. The "problem"... may not be the problem"

The trick thing about substance abuse is that the first problem identified is often not the actual substance abuse.

Early Signs of Substance Abuse

Family problems- breaking rules, isolating, neglecting family responsibilities, decrease motivation.

School- drop in grades, truancy, discipline problems, alcohol/drug related offenses.

Social- loss of friends, changes in friends, parents uncomfortable with choice in friends, breaking curfew, secretive with friends.

Legal- MIP (minor in possession), MIC (minor in consumption), stealing, curfew violations, tobacco use.

Physical- poor hygiene, loss of weight, congestions, poor skin, dark circles around eyes.

"When in doubt- rule it out."

2. Get an assessment.

A simple substance abuse assessment can shed light on what's really going on.

If it **is** a problem- it may save their life.

If it **is not** the issue- the right kind of help can be more effectively determined.

"What if my child says, it's not that bad?"

3. Denial is part of the problem.

Ask anyone to talk about something that's considered wrong and you can expect them to deny or minimize the extent of the problem. **Intervention** is a process that breaks through denial and helps a client understand and accept the need for help- before it gets worse.

Effective Intervention Includes:

- A. Education: teaching the client what it means for have a problem.
- B. Identifying treatment options.
- C. Remove defense mechanisms.
- D. Help parents develop a plan.

"But he/she is not an addict"

4. Its and illness- not a "bad-ness"

Many people have their own idea of what it means to have substance abuse problem, and are often surprised at how a "problem" is actually defined. Chemical dependency is a diagnosable illness with identifiable symptoms, a prescribed method of treatment.

4 Characteristics of Chemical Dependency:

Primary- It must be treated; related problems cannot be effectively addressed until the substance abuse has been managed.

Progressive- It keeps getting worse.

Chronic- Tendency for relapse.

Potentially fatal- Overdose, accidents, suicide, physical ailments.

"We've tried everything. Nothing seems to work."

5. Treatment works!

The biggest reason for unsuccessful attempts to help a teen when drug or alcohol use is involved is them getting the right help in the first place. Substance abuse causes a person to change- their "not themselves" anymore. Substance abuse treatment is an intensive process that when successfully completed, restores the client back to the person they used to be.

Substance Abuse Treatment Levels

Outpatient Counseling- for an assessment, prevention, intervention, ongoing care.

Intensive Outpatient Treatment (IOP)- if substance abuse treatment is indicated, the IOP is typically the first option to consider. This is the least restrictive level of care.

Residential Treatment Center (RTC)- the client lives at the facility while in treatment. For clients who have either failed in IOP, are out of control, or have other issues that require higher level of care.

If you are concerned about your child, there is help out there. Please contact Jennifer Mize, DHS Student Assistance Counselor (940) 369-2136 or Larry Mankoff, DISD Counseling Services Supervisor (940) 369-0595 if you would like further information regarding treatment services for your child.

Information for this article is provided by:

Jim Savage, LCDIC
Lakeside Life Center
(214) 789-8456

www.5thingsonline.com



DHS International Baccalaureate

Lyceum: March 21

Save the date of March 21st for the DHS International Baccalaureate Lyceum, a scholarly evening showcasing the efforts of the Middle Years Program Personal Project, the Diploma Program Extended Essay, and Diploma Program Art Exhibition. The event will take place from 6:30 to 8 p.m.

IB Booster Club Meeting: March 25th

Save the date of March 25th at 6:30 p.m. in the DHS Lecture for our next IB Booster Club. We will be discussing the upcoming retreat, course selections, May examinations, May banquet, and the summer writing workshop for the class of 2014. We will be accepting snack donations, including bottled water, for the retreat and for testing goodie bags.

Dallas/Ft. Worth National College Fair

The Dallas/Ft. Worth National College Fair will be on Monday, April 8th from 4-8 p.m. at the Irving Convention Center at Las Colinas. Over 150 colleges and universities will be in attendance. Students may register for the fair at www.gotomyncf.com. Student and parents are invited to attend this fair on their own.

MYP Spotlight

This month's MYP Spotlight is on **Arts** teacher, **James Rosin**. Mr. Rosin's Unit Question was "What is the purpose of identity?" Mr. Rosin asked his students "Who are you" and "Why are you the way you are." As a product of their discussion students had to visually equate their responses to visual images that focused on how the students look on the inside as well as the outside. Their products and MYP Unit Question are displayed in the back hallway. Great job Rosin!



Beth Hughes
International Baccalaureate Coordinator
Diploma Programme
www.dentonisd.org/dhsib

National Merit Semifinalists

Denton High School's **Jared Davis** is among the highest scoring entrants in the 2013 National Merit Scholarship Program in Texas and part of an elite group of 16,000 semifinalists chosen nationwide.

Jared Davis is a member of the Denton high debate team, chess club and math club. He also plays the piano and studies Korean through independent learning.

The following DHS seniors were also recognized as commended scholars: **Zach Sanderson, Miguel (Mickey) San Miguel, and Elena Souris**

National Hispanic Scholars

The district also had two students each receive recognition as National Hispanic Scholars or National Achievement Scholar. The National Hispanic Recognition Program recognizes students who are at least one-quarter Hispanic or Latino and are among the top 5,000 highest scoring individuals on the PSAT/NMSQT test.

Nico Cortes is in the National Honor Society, student council, math club, UIL academic team and was in the marching band.

Miguel (Mickey) San Miguel is in the orchestra, Junior Classical League, National Honor Society, Latin club, International Thespian Society and pit orchestra for musicals.

Congratulations Jared, Zach, Mickey, Elena and Nico!



DHS YEARBOOKS 2012-2013

For more information about Yearbooks contact Mr. Bogomol at gbogomol@dentonisd.org or at 940-369-2150.



DHS JOURNALISM

Don't forget to follow the journalism department on twitter at <http://twitter.com/dhshorseshoe> and online at www.dhshorseshoe.com

If you have any story ideas or would like to place an ad or know anyone who would please contact Mr. Bogomol at gbogomol@dentonisd.org or at 940-369-2150.



Chess Club News

The Denton High School Chess Club will be participating at the U.S. SuperNationals V Tournament.



Juniors William Root and Alex Elizalde; and Seniors Luis Guevara, Austin McGregor, and Jason Van Horn, will be traveling to Nashville on April 4th to compete in the SuperNationals V Tournament. The

tournament will take place over the 3 days of April 5th through April 7th with students playing multiple matches each day; each match lasting as long as 4 hours.

Our students have been working hard in preparation for this trip to Chess SuperNationals. Last January the DHS Chess Team placed 2nd at the Texas Region 3 Championships. In February the team took top honors with a 1st place finish at the Texas Region 2 Championships, and in 2012 the DHS team placed 6th at the Texas State Scholastic Chess Championship Tournament. DHS was in fact the highest scoring team in all of North Texas. Our DHS Chess Club members are very much looking forward to success at nationals.

Chess Club is sponsored by math teacher Mr. Fred Mueller and coached by former U.S. Women's Champion Dr. Alexey Root. The club meets Fridays after school from 4:10 to 5:10 p.m. in Mr. Mueller's room, 228.

Fred Mueller, fmuel@dentonisd.org



Important News for DHS 9th Graders from Mrs. Keith

I have not met with the Freshmen who wanted to see me for four year planning because there is a new four year planning process which will occur later this semester in labs on our new student information system, Naviance! We are very excited about this opportunity to make these plans accessible to students, parents, counselors, etc. This will allow students to update their plan as their college and career goals change. If any students or parents are feeling the need to pre-plan prior to entering their courses into Naviance, they may contact me via phone or email or sign up on the purple sheets in the Career Center lobby.

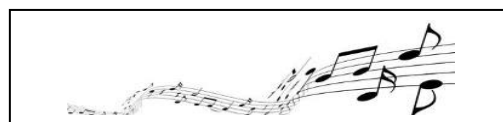
Kimberly Keith, M. Ed.

DHS Career Counselor
kkeith@dentonisd.org

Preparing Today's Students for Tomorrow's Careers



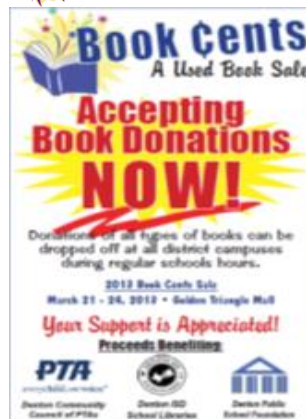
DHS ORCHESTRA



Orchestra Director, Tanya E. Schwoch
tschwoch@dentonisd.org

Upcoming Events:

- **April 9th (DHS Gymnasium) 7:00 – 9:30 pm**
- **April 10 – 14th Orchestra Winter Park Trip**



Book Cents, the district-wide used book sale, now in its fifth year, is accepting donations through **Friday, February 15, 2013**. Please bring your donations to the DHS library during regular school hours. Following the donation deadline, volunteers will be needed to help sort, count, and pack books—or feel free to drop in any time during the school day to lend a hand. Mrs.

Bason, our librarian, has had a lot of experience packing books. The Book Cents sale is scheduled **for March 21 – 24 at the Golden Triangle Mall** (same location as last year). The sale benefits the Denton Community Council of PTAs, all DISD campus libraries, the Denton Public School Foundation, and every man, woman, and child who attend the sale.

"There is no friend as loyal as a book." – Ernest Hemingway
"Outside of a dog, a book is man's best friend. Inside of a dog it's too dark to read." -- Groucho Marx



2013 Grad Night

Project Grad Night is supported by parents, friends, teachers and businesses within our community. Please consider becoming an underwriter for Project Grad Night by donating cash, prizes or gift certificates. Each underwriter will receive special recognition at Project Grad Night and written acknowledgment in the Denton Record-Chronicle. Underwriter levels are as follows:

Horseshoe: \$1000
Purple: \$250
White: \$50

Bronco: \$500
Gold: \$100
Special Friend: \$_____

See donation form on page 6





BRONCO NATION

Denton High School Mission Statement

Denton High School, in partnership with the home and community, is dedicated to the development of knowledgeable, compassionate individuals who actively and ethically contribute to the betterment of our world.

By providing challenging and educational experiences that encourage cooperation, creativity and intercultural understanding, DHS aims to create life-long learners who embrace the diversity of others.

Adopted 2007



DHS USEFUL LINKS FOR PARENTS!

[ParentConnection and GradeSpeed](#) (View your student's grades and attendance)

[Parent OnLine](#) (View your student's cafeteria account balance and purchases)

[DHS E-Alerts](#)



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(940) 369-2000
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www.dentonisd.org/dhs

Principal
Dan Ford

Associate Principal
Renee Koontz

Assistant Principals
Paul Martinez
Howard Palmer
Marilyn Rabsatt
Jacqueline San Miguel
Jason Tackett

IB DP Coordinator
Beth Hughes
www.dentonisd.org/dhsib

IB MYP Coordinator
Kimberly Thaggard

Counselors
Doretha Hudspeth
-Lead Counselor
Kimberly Keith [CTE]
Christopher Lydia
Dottie McElin
Jennifer Mize
-Student Assistance
Jari Pellier
Vickie Reid

Denton Independent
School District
1307 N. Locust Street
Denton, Texas 76201

Denton High School

An International Baccalaureate World School

"In the Ultimate Pursuit of Excellence in Education"
Project GRAD NIGHT



We are writing, in partnership with the Denton Public School Foundation, to solicit your help in making graduation night fun, safe and memorable for our 2013 Denton High School graduates. Project Grad Night is an alcohol-free & drug-free event for only graduating seniors, and will take place on June 7, 2013. The event offers graduates lots of food and fun including many different sport and video games, and the opportunity to win prizes like microwaves, tv's, dorm supplies, gift certificates and much more.

Project Grad Night is supported by parents, friends, teachers and businesses within our community. Please consider becoming an underwriter for Project Grad Night by donating cash, prizes or gift certificates. Each underwriter will receive special recognition at Project Grad Night and written acknowledgment in the Denton Record-Chronicle. Underwriter levels are as follows:

Horseshoe: \$1000	Bronco: \$500	Purple: \$250
Gold: \$100	White: \$50	Special Friend: \$ _____

Thank you for considering this opportunity to support DHS Graduates with a tax deductible contribution! We look forward to your response. Please feel free to contact me with any questions.

Sincerely,
Michelle Curran Grad Night Chair
michelleannettecurran@yahoo.com

Send this portion with donation

Donate Online At: tinyurl.com/dentongradnight

Please make checks payable to: **DHS Grad Night 2013**
Please mail to: c/o Michelle Curran Donation \$ _____
3000 Montecito Dr. Description _____
Denton, TX 76205

Name/Organization/Business _____

Address/City/Zip _____

Phone _____ Contact Person _____

The Denton Independent School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities.