



AUGUST

2018

DENTON ISD ELEMENTARY MENU

GOOD EATS AT

I'm
PROFESSOR GREEN

M	T	W	TH	F
		1	2	3
6	7	8	9	10
13	14	Cinnamon Roll Chicken w/Dutch Waffle Green Beans Fresh Baby Carrots Seasonal Fresh Fruit 15	Cheese Omelet/Muffin Cheese/Pepperoni Pizza Steamed Corn Mixed Greens Salad Apple Slices 16	Breakfast on a Stick Cheeseburger Sliders Oven Baked Fries Celery Sticks Seasonal Fresh Fruit 17
Breakfast Pizza Tangerine Chicken Asian Rice/Edamame Mixed Vegetables Chilled Pineapple 20	Mini Sausage Bites Breaded Steak Fingers Texas Toast Mashed Potatoes/Gravy Sugar Snap Peas Strawberry Fruit Cup 21	French Toast Sticks Mega Minis Cheesy Garlic Breadstick Sweet Potato Fries Steamed Broccoli Seasonal Fresh Fruit 22	Sweet Crème Pretzel Bites Hamburger/Cheeseburger Steamed Corn Mixed Greens Salad Apple Slices 23	Cinnamon Crumb Cake Pancakes w/Sausage Hashbrown Rounds Fresh Baby Carrots Seasonal Fresh Fruit 24
Mini Cinnamon Rolls BBQ Pork on a Bun Potato Smiles Frozen Cherry Smooth Sidekick Mandarin Orange 27	Yogurt w/Muffin Cheese/Pepperoni Pizza Steamed Corn California Blend Veggies Strawberry Fruit Cup 28	Mini Maple Waffles Stuffed Mozzarella Sticks Marinara Dipping Cup Fresh Baby Carrots Italian Blend Vegetables Seasonal Fresh Fruit 29	Breakfast Pizza Frito Chili Pie Mixed Greens Salad Ranch Style Beans Salsa Cup Apple Slices 30	Biscuit w/Sausage Chicken Drumstick WG Dinner Roll Mashed Potatoes/Gravy Green Beans Seasonal Fresh Fruit 31

Breakfast Second Entrée:

Assortment of Cold Cereal and Breakfast Bar or Toast available daily

SPECIAL ANNOUNCEMENTS

Lunch Second Entrée Options:

8/15-8/17: Submarine Sandwich

8/20-8/24: Toasted Cheese Sandwich

8/27-8/31: Turkey and Cheese On a Croissant



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
f t i s
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NEWS ALERT!

Twelve super tasty heroes have been discovered living in Healthyville, Texas. Each month we will learn about the super powers each one has grown to have. Having taken root in the town's gardens, kitchens, farmers markets and groceries, these mild-mannered vegetables use dirt, water, & sunlight to transform into powerful fighters for nutrition, strength and power. Kapow!!!

PROFESSOR GREEN Cabbage



Professor Green was just a little sprout wilting in the sun in a Healthyville garden. A full solar eclipse passed overhead giving him the shade he needed that day and a special sun particle landed on his head. That particle gave the tiny cabbage a brain and he became Professor Green. The professor used his knowledge to teach all the cabbages how to use the vitamin K they have in abundance to assist blood cells in healing when human skin gets a cut. Professor Green also taught the cabbages how to grow a head from just the leaves left behind when a head is harvested.

FUN FACTS

Cabbage is a cole crop. It grows in cool seasons like broccoli, cauliflower and Brussels sprouts. Cabbage is one of the easiest crops to grow. It does the best in full sunlight and sandy soils. There are several different varieties such as Golden Acre, Market Prize and Green Bay.



POW!
ARCH ENEMY
Slaw Burglar

MATCHING

I have several members on my cabbage team—Professor White, Professor Green and Professor Purple. You can see we are named for the color of our leaves. Can you help each of my team members find their correct color? Draw a line across to match the name to the picture.

**PROFESSOR GREEN'S
FAVORITE
ACTIVITIES**
Studying and helping
kids eat healthy

EXERCISE WHILE YOU PLAY!

When you are outside playing with your friends at home or at school, pick an object that you all can race to and see who can get there first. Play the best 2 out of 3 games and see who wins.



JOKE OF THE MONTH

Q: What is a tax driver's favorite kind of vegetable?

A: A Cab-bage!



**PROFESSOR
GREEN**



**PROFESSOR
PURPLE**



**PROFESSOR
WHITE**