

Everything I Need to Know I Learned in Kindergarten

Most of what I really need to know about how to live and what to do, and how to be, I learned in kindergarten. Wisdom was not at the top of the graduate school mountain, but there in the sandbox at nursery school.

These are the things I learned:

- 🍏 Share everything.
- 🍏 Play fair.
- 🍏 Don't hit people.
- 🍏 Put things back where you found them.
- 🍏 Clean up your own mess.
- 🍏 Don't take things that aren't yours.
- 🍏 Say you're sorry when you hurt somebody.
- 🍏 Wash your hands before you eat.
- 🍏 Flush.
- 🍏 Warm cookies and cold milk are good for you.
- 🍏 Live a balanced life.
- 🍏 Learn some and think some and draw and paint and sing and dance and play and work every day some.
- 🍏 Take a nap every afternoon.
- 🍏 When you go out into the world, watch for traffic, hold hands and stick together.
- 🍏 Be aware of wonder.
- 🍏 Remember the little seed in the plastic cup? The roots go down and the plant goes up and nobody really knows how or why, but we are all like that.
- 🍏 Goldfish and hamsters and white mice and even the little seed in the plastic cup -- they all die. So do we.
- 🍏 And then remember the book about Dick and Jane and the first word you learned, the biggest word of all: look.

Everything you need to know is in there somewhere. The Golden Rule. Love and basic sanitation. Ecology and politics and sane living. Think what a better world it would be if we all -- the whole world -- had cookies and milk about 3 o'clock every afternoon and then lay down with our blankets for a nap. Or if we had a basic policy in our nation and other nations to always put things back where we found them and cleaned up our own messes. And it is still true; no matter how old you are, when you go out into the world, it is best to hold hands and stick together.

~ Robert Fulghum ~