# HELP LINES

#### **HELPFUL WEBSITES**

# Kids In Trouble Help Page

www.geocities.com/EnchantedForest/2910/hotlines.html

#### **North Texas Youth Connection**

http://www.ntxyouthconnection.org/programs.htm

#### **Texas Youth Hotline:**

http://www.dfps.state.tx.us/youth hotline/youth.asp

# Youth Suicide Hotline:

www.befrienders.org

# **Drug Abuse Hotline:**

www.drughelp.org

#### **MORE INSIDE!**

Para información en Español favor de llamar a la oficina de Servicios Sociales, 369-0262

# HOTLINES/SUPPORT SERVICES Frequently Called Numbers

#### SUICIDE HOTLINES!!!!!! BEFORE YOU ACT, READ THESE WEBPAGES... IT MAY SAVE YOUR LIFE!

www.metanoia.org/suicide or www.befrienders.org

AIDS HOTLINE (24/7)...... 800-342-2437

or in Spanish:	800-344-7332
ALCOHOL AND DRUG ABUSE HOTLINE:	800-252-6465
ALANON	pholic member.
ALCOHOLICS ANONYMOUS (LOCAL)	383-8252
ALATEEN(9 or email: willowbendgarden@a Support Group for teens with addict members.	ol.ćom
ANNIC HAVEN HOODICE	

Adolescent Grief Groups ...... 566-6550

Safehaven

# GIRLS and BOYS TOWN NATIONAL CRISIS HOTLINE: ...... 800-448-3000

#### **CHILD ABUSE**

COCAINE HELPLINE ...... 800-262-2463

#### COMPREHENSIVE WEBSITES FOR TEENS

www.victoriayouthclinic.ca Sexual Identity & Sexual Health / Mental Health / Eating Disorders / Addictions / Violence

CRISIS PREGNANCY CENTER ....... 383-4494 Offers free pregnancy testing, counseling, information and referrals on adoption, STD, and abortion information —advocates for the mother and pre-born child

### DISD TEEN PARENTING

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EATING DISORDERS	
DR. RAMSAY & ASSOC	382-5688
questions/concerns/counseling	r

#### FRIENDS OF

THE FAMILY ...... 800-572-4031 or 382-7273 24-hour crisis line. 7 days a week crisis line for rape, assault, and other abuse survivors. Also, help for their family and friends.

#### KIDS IN TROUBLE HELP PAGE

www.geocities.com/EnchantedForest/2910/hotlines.html

#### MARIJUANA ANONYMOUS

outofthefogdfw@yahoo.com Support for individuals attempting recovery from addiction to marijuana – see website for meeting times/locations

#### MHMR EMERGENCY MENTAL HEALTH HOTLINE .............. 387-5555 or 800-762-0157 Suicide and other mental health crisis

intervention.

PLANNED PARENTHOOD ...... 891-0737

RUNAWAY HOTLINE .....1-800-RUNAWAY (786-2929) Provides crisis intervention and peer counseling to runaways, At-risk youth, and families.

Information and referral are available to callers in need of shelter, food, clothing, medical assistance, counseling, and other related services.

SUICIDE HOTLINE ...... 1-800-784-2433

TEXAS YOUTH HOTLINE ..... 1-800-210-2278 phone counseling day or night

TEXAS RUNAWAY HOTLINE ....... 1-888-580-4357 phone counseling day or night

TEXAS EMPLOYMENT
COMMISSION ......382-6712
Job Corp, Denton County

WOMAN TO WOMAN .......383-4494
A resource for women's pregnancy and other health concerns.

#### **HEALTH CARE SERVICES**

DENTON COUNTY HEALTH DEPARTMENT349-2900 Well child clinic for WIC qualified families. Prenatal care low-risk WIC qualified and primary care for sick children on WIC or Medicaid or income qualified. Clinics by appointment only. Walk-in immunization clinic M-Th 7:00 a.m. - 11:30 a.m., 1:00 p.m.- 6:00 p.m., Fri. 8:00 a.m. - 11:30 a.m. & 1:00 p.m. - 4:30 p.m. Well Child Clinic Coordinator. Carol Wilson, R.N.

DENTON REGIONAL MEDICAL CENTER .... 384-3535

PRESBYTERIAN HOSPITAL ......898-7000

#### DRUG TESTING (PROVE IT!)

Pinnacle Diagnostics and Laboratories .... 898-1787 Walk-in urine drug screens without doctor's orders. Ask for quantitative results. 5 panel (5 common drugs of abuse) drug screens cost \$30 and take 30 minutes for results. 10 panel drug screens are more expensive and have a 24 hour turnaround.

KIWANIS CLUB CHILDREN'S CLINIC ............ 387-6323 Provides financial assistance for medical and dental services for children through 16 years of age. For low income families NOT on Medicaid. Monday through Friday 9a.m. to 5 p.m.

TWU DENTAL HYGIENE CLINIC ..... 898-2888 Cleaning and x-rays with advanced students under supervision

#### ABUSE AND NEGLECT

#### **DENTON COUNTY FRIENDS OF**

Call 911 if abuse is imminent

Agency for victims of rape / domestic abuse with shelter and teen counseling services available.

CHILDREN'S ADVOCACY CENTER ... 866-875-1015 Child sexual and other abuse counseling, investigations, prosecutions, protection

### EMERGENCY FOOD, CLOTHING AND SHELTER

# **COMMUNITY CLOTHING ROOM .. 565-6353**

Free clothing.

Open Monday 1:30 p.m. - 3:30 p.m. Wednesday 11 a.m. - 1 p.m.

1st Saturday of each month 10 a.m. - 12 Noon

COMMUNITY FOOD CENTER ...... 382-0807 109 W. Sycamore. Free emergency food. (limited to four times a year) Hrs.: M – F, 1 – 3 p.m. (except holidays), ID required.

FRIENDS OF THE FAMILY ...... 382-7273 Emergency shelter for battered women and children or rape victims.

#### FRIENDS OF THE FAMILY THRIFT SHOP ...... 387-1750 Clothing and shoes for all ages

HOPE, Inc		382-	0609
Assistance for homeless	families	and	their
dependents			

RUTH'S ROOM ......591-7884 1721 North Carroll Blvd. Free Clothing Open 10 a.m. to 5:30 p.m. Tuesday through Saturday

Executive Director: Condell Garden

WIC (Women, Infants, and Children) ....... 349-2930 Nutrition counseling and food assistance for pregnant women and children birth to 5 years old. *By appointment only*. Food voucher package available for homeless individuals. Director, Bryanne Jones M – Th., 8 a.m. – 12 n, 1 – 7 p.m. To assist families with dependent children who are homeless or at risk, but have the desire and ability to become self-sufficient. Program offers financial assistance, transportation, childcare, budget, and goal setting. Executive Director: Barbara Atkins

#### LEGAL ASSISTANCE

DENTON FAMILY RESOURCE CENTER ..... 566-1800 Support, information, referral for issues related to all family life - help is available

LAWYER'S REFERRAL SERVICE STATE BAR OF TEXAS ...... 800-252-9690 For general information, Names and addresses of lawyers to consult concerning legal problems. Free.

LEGAL AID OF NORTH TEXAS ......383-1406 Civil legal services for low income families and persons. Call for information.

# COUNSELING AND OTHER SUPPORT SERVICES

**COUNSELING CENTER** 

1-800-897-7068

ccdcounseling.com

FAMILY TREE PROGRAM FREE services to eligible families may include individual and/or family counseling, and educational support groups for parents and youth. Counseling for teens to 17 years of age.

# CHEMICAL DEPENDENCY PROGRAMS Assessment, evaluation, intervention, and

support for the chemically dependent adolescent or adult, and their family members.

DIVOROE SANITY (For your populate)

<u>DIVORCE SANITY</u> (For your parents!)
Divorce related counseling, social studies for adoption and custody cases, supervised visitation and exchanges, and **Parallel Parenting** (education workshops for divorced and divorcing parents)
Bilingual counselors are available.

**DENTON TREATMENT CENTER** ..... 483-0644 Treatment for addiction to heroin and other opiates. Call 5:30 am – 1 p.m., M-F 5:30-9:00 am. Sat.

DISD ATTENDANCE OFFICERS ..... 369-0290 Information regarding student attendance, non-attendance, and compulsory attendance laws.

**DISD HEALTH SERVICES** .......369-0280 Specific health questions or concerns.

Provides counseling support and assessments for mental health and substance abuse problems. Referrals to low and no-cost counselors available. Have a drug problem? A problem with depression? A problem with your parents? Eating disorder? This program can get you help!

DISD SOCIAL WORK SERVICES ... 369-0262 Information on community resources and crisis support assistance to families and students. Bi-lingual

**DENTON ISD COMMUNITY EDUCATION** .... 369-0091 GED preparation, family recreation classes.

# COMMUNITIES IN SCHOOLS OF

Managere.

NORTH TEXAS (CISNT) - CAMPUS MANAGERS:
CISNT helps remove barriers to student's
academic success. Students may be referred
by: self, parent, peer, counselor, teacher,
and/or administration. CISNT Campus

Managers.	
Calhoun Middle School Mili Guerrero	360 3449
Denton High School:	309-2440
Stephanie Sutton	369-2024

# Student Assistance Counselors

Strickland Middle School: Mary Rivers	369-4292	
McMath Middle School: Mario de la Garza	369-3310	
Calhoun Middle School: Gary Wood	369-2360	
Crownover Middle School: Angie Breuer	369-4708	
Denton High School: Gene Ross	369-2180	
Ryan High School: Anne Scaggs	369-3028	
Fred Moore High School - Teen	Parenting	
Program Barb Haflich	369-4006	
Denton High School -Teen Parenting		
Program Emily Skinner	369-2027	
Guyer High School -Teen Parenting		
Program Emily Skinner	369-1029	
Ryan High School - Teen Parenting		
Program Barb Haflich	369-3035	

CAMPLIS

NAME

AREA HANDLED PHONE

#### Elementary Schools

Borman	Amy Tanos	Counselor	369-2505
Evers	Jane Smith	Counselor	369-2605
Ginnings	Jeannie Goodner	Counselor	369-2705
Hawk	Melanie Stolfus	Counselor	369-1804
Hodge	Carmen Bray	Counselor	369-2804
Sam Houston	Jim Henson	Counselor	369-2946
Lee	Heather Dombeck	Counselor	369-3505
Lee	Shannon Wickstrom	Counselor	369-3505
McNair	Deanne Harrup	Counselor	369-3604
EP Rayzor	Lisa Stephenson	Counselor	369-4104
Newton Rayzor	Yolanda Horsh	Counselor	369-3703
Pecan Creek	Amber Kuntz	Counselor	369-4404
Providence	Rhonda Banks	Counselor	369-1905
Rivera	Holly Forester	Counselor	369-3806
Rivera	Rene Shelton	Intervention	369-3812
Savannah	Jan Nourse	Counselor 972	-347-7404
WS Ryan	Marti Couch	Counselor	369-4610
Wilson	Angela Gorton	Counselor	369-4546
Ann Windle	Jennifer Austin	Counselor	369-3915
District Wide			
	Barb Haflich	Social Work	369-4006

For general information, contact: Larry Mankoff **369-0280** or email: lmankoff@dentonisd.org

Rosemary Rodriguez Social Work

Larry Mankoff Coordinator

369-0262

369-0283

# **EMERGENCY NUMBERS:**

In Cases of: MEDICAL emergencies FIRE or CRIME in progress

Dial

911

Non-Emergency POLICE - 349-8181

### **HOSPITALS**

Presbyterian Hospital	898-7000
Denton Regional Medical	
Center of Denton	384-3535

HELP LINES

MATERIAL PROVIDED BY

THE DISD

STUDENT ASSISTANCE PROGRAMS

AND SAFE AND DRUG FREE SCHOOLS

AND COMMUNITIES

REVISED FOR THE 2006-2007 SCHOOL YEAR