



# Dragon's Lair

October 2018 ~ 1st Nine Weeks

A Publication of Fred Moore High School

## Principal's Message

Greetings Dragons!

The 2018-19 school year is well under way, and Fred Moore High School has already reached new highs. First, with the transition to an online application process, our enrollment numbers have increased dramatically over last school year. With over 90 students in both our full-time program and PRIDE Academy combined, our faculty and staff have welcomed our students with open arms and high expectations for achievement.

The addition of Ms. Jacqueline San Miguel as our new Associate Principal adds much value to campus culture. Her expertise in academic advising, and genuinely warm rapport with all stakeholders, is a perfect fit with the direction our school is heading. Ms. San Miguel is a passionate advocate for ALL students. She is also a natural when it comes to working tirelessly to ensure that the needs of ALL students are met.

We are extremely proud to announce the charter of Fred Moore High School's first PTSA (Parent Teacher Student Association). Mrs. Stacy Bourns, parent of a 2017-18 graduate and a current junior, began researching and laying the foundation for the charter this past summer. Fred Moore High School is now an official member of the Denton Community Council of PTAs.

Our community partnerships are also on the rise. We believe it takes a village to educate our students. We are thankful for continued support from the University of North Texas. Several departments are volunteering time on a weekly basis to enhance our students' exposure to the best resources. Those departments include:

UNT Undergraduate Admissions Office –

**GO Center support with college/career readiness**

UNT High School Career Connect –

**Mentoring program**

UNT Texas Academy of Math and Science –

**Academic tutorials for math and science**

UNT Alpha Kappa Alpha Sorority -

**#Cap Program support for college/career readiness**

Fred Moore High School faculty and staff are committed to providing our students an equitable educational experience to that of their peers at the district's traditional campuses. Character education through a Strengths-infused curriculum, extra and co-curricular opportunities, and flexible scheduling are other ways we work towards fulfilling our vision- preparing today's leaders to succeed in tomorrow's world.

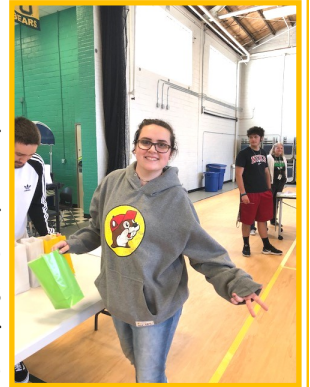
Warmest regards,

*Marilyn Rabsatt*, Principal

## Fall 2018 School Year Kicks Off August 15th

by Dragon's Lair Journalists Gladys Hernandez and Koi Oke

Students with bright new faces sat on the bleachers along with returning students who could be found in the crowd. After catching up with everyone, Ms. Rabsatt introduced herself as our principal. We were seated in the gym in graduation fashion. This was done to remind us of our commitment to graduate. We were shown a PowerPoint to learn about the people who make up Fred Moore. Mr.



Fred Moore, was a principled man who was very active in the community, and the school was named after him.



Students were split into teams of 5 or 6 to play teamwork games. Each team stood around a table with two plastic Ziplock bags. There were four different challenges for the teams to do.

One involved lining up as a team, and having one member blow a feather across to teammates. Others required balancing a vanilla wafer cookie from head to mouth, fishing for air, and moving Smarties candy by straw from one plate to another. Winning teams were awarded goodie bags.



At the end of the games, we cleared the desks and the scavenger hunt began. The rules were that the teams had to stay together. If not, they had to retrace their steps. The scavenger hunt had everyone scrambling. The whole school was involved,

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# CALENDAR

by Christopher Alanis &  
Mariah Hill



## October

- ☐ 09 ELA Benchmark Assessment
- ☐ 11 Grading period ends
- ☐ 12 Staff Development (no school)
- ☐ 15 PLC Day (no school)
- ☐ 16 Grading period begins
- ☐ 17 Bell Ringing Ceremony  
(3:00 in the Gym)
- ☐ 18 TSI Testing
- ☐ 22 - 26 Red Ribbon Week
- ☐ 25 Passport 2 Success  
(College & Career Day)
- ☐ 29 - Nov 02 Cap & Gown Pictures  
(by appointment)

## November

- ☐ 02 Graduation Fees and Childhood Photos DUE
- ☐ 06 English I & II TEA Interim Assessment
- ☐ 08 Algebra I TEA Interim Assessment
- ☐ 07 Bell Ringing Ceremony
- ☐ 09 Veteran's Day Program (1:00 pm in the Gym)
- ☐ 19 - 23 Thanksgiving Break
- ☐ 27 Grant Halliburton RISE presentation

## December

- ☐ 07 Last day for December graduates to submit work
- ☐ 12 Bell Ringing Ceremony
- ☐ 14 Graduation practice (MANDATORY) & Senior handprints (1pm - 3:30 pm)
- ☐ 19 GRADUATION - UNT Gateway Center 2:00 pm (Doors open at 1pm)
- ☐ 19 & 20 Early release - 1:05 pm
- ☐ 20 Grading period ends
- ☐ 24 - Jan 04 Winter Break

## Welcome, Ashly Sharp

Interview by *Dragon's Lair Journalists*  
Bailey Guice & Emile McCasland



Photo by Bailey Guice

Ms. Sharp joined Fred Moore High School at the beginning of the Fall 2018 semester after Fred Moore's previous English teacher, Mrs. Brackeen, retired. Mrs. Brackeen worked at UNT as an Certified Public Accountant before beginning her teaching career at FMHS, which lasted for a total of 25 years. We will all miss her, but we also love Ms. Sharp!

**DL:** What are some differences between Fred Moore and your previous campus?

**Ms. Sharp:** "There aren't many discipline issues, it's smaller and it's a closer knit group. I went from 150 students to the 60 students I have now. I get to really learn about my students like Bailey Guice and Emile, and Chance."

**DL:** What are your goals as a teacher for Fred Moore students?

**Ms. Sharp:** "To leave Fred Moore students with a greater, more meaningful, outlook on their life, and hopefully help them become more productive world citizens."

**DL:** What are your reasons for using Google Classroom instead of OdysseyWare?

**Ms. Sharp:** "Well, OdysseyWare did not afford my students the opportunity to grasp the English literature curriculum like I envisioned, and they required books that we just don't have on campus. I feel better assigning work that I put together so I can help them better."

**DL:** What are some differences in your teaching style that you have noticed from the rest of the Fred Moore teachers?

**Ms. Sharp:** "I don't know what their teaching styles are, but I know what mine is, and I bet they're all amazing in their own way."

**DL:** How do the people at Fred Moore make you feel welcomed?

**Ms. Sharp:** "The students have been welcoming and somewhat open to new learning techniques. They are the ones that can really tell the difference in the teaching styles from last year. The teachers have been open to my questions. Mrs. Ware is open to answering my questions, Mrs. Swindle lets me use her fridge, Mr. Thomason gave me headphones, and really all of the teachers and the principals have welcomed me with many helpful tips."

# Reading is Lit

## Welcome, Jacqueline San Miguel

Interview by *Dragon's Lair* Journalist Gladys Hernandez

Ms. San Miguel joined Fred Moore High School at the beginning of our 2018-2019 school year, as the associate principal. She brings life to our school; every morning she opens the door for students and greets them. During her interview, she mentioned that she feels very privileged and honored to have become a Dragon. She does her best to help students recognize their goals and remind them to accomplish them. Even though she works a very busy job, she still makes time for students who need her.

Some questions asked during her interview ...

**DL: What are some differences between Fred Moore and your previous campus?**

She mentioned how it is a lot smaller in size than her previous campus. Even though it is a lot less, she loves the size because she feels more involved with the students and she gets to support each student how she wants and have a relationship with each one of them.

**DL : What are your goals as an associate principal for Fred Moore students?**

Her goals are for each student to accomplish what they have set for themselves, she wants the students to find their passion, and also, she wants to inspire students herself.

**DL: What are some differences in your style that you have noticed from the rest of the Fred Moore teachers/staff?**

Every staff member at Fred Moore is positive but she expresses positively to the next level. She constantly brings smiles to students faces.

**DL: How do the people at Fred Moore make you feel welcomed?**

*They make her feel welcomed by their kind words and smiles. At Fred Moore, the students and staff treat each other like family; many students tell her that they are so glad that she is a part of Fred Moore.*



# WELCOME

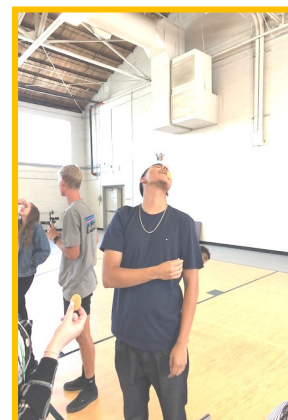


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which gave students a reason to get to know the school and all it's made up of. Some of the tasks involved finding certain staff members and taking a picture with them. Others required the knowledge of the schools exits. All in all, the scavenger hunt was a creative way for students to get to know each other and build the community foundations of Fred Moore High School.

Unlike any other school day, the first day of school was interesting. Fred Moore High School's first day of school started with a school meeting that included the students and staff. Each teacher presented themselves and gave information about how they help the students here. The students also got the chance to understand the policies they need to know for the school year. Towards the end of the day, all the students met back in the gym to do some fun activities, like scavenger hunt and building a fishing cord. As they left for the day with a smile on their face, it was clear to see that each student enjoyed the community building activities.



# YEARBOOK

Spring 2019

Fred Moore High School will publish a yearbook .

More information to follow.



*First Day photos by Mrs. Fiore-Watson*

# Student Spotlight

## Rotary Youth Leadership Awards Camp 2018

by: Paige Garrison & Sarah Gonzales



Two of our very own Fred Moore students attended (RYLA) Rotary Youth and Leadership Awards summer camp. Sarah Gonzales and Paige Garrison attended the camp at Texas Woman's University during the second week of June. It's a great honor to win the four-hundred dollar scholarship because this camp builds leadership and a better community. The activities included team building exercises, a dance, formal dinner, cleaning and building benches in the Denton Clear Creek National Heritage Center, and mock city council in Denton. Everyone got to stay in the Guinn Hall dorms at TWU and bond with each other. Overall, it was five days of fun and leadership that benefited both the students.

# Kudos!

## Congratulations Graduates!

Fred Moore High School salutes our first Fall 2018 graduates!

Alexis Beltran Herrera

John Meraz

**Perfect  
Attendance**

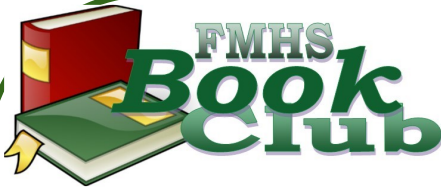
At Fred Moore High School, our attendance goal is 98%.

The following students have had perfect attendance since they started at Fred Moore High School this semester.

\* Christopher Alanis \* Judah Allen \* Caylie Baker \*  
Andrew Frye \* Sarah Gonzales \* Tawnya Lytle \*  
Kylie Martin \* Jasmine Parada \* Amanda Rye \*  
Viviana Valera \* Kevin Gonzales \*

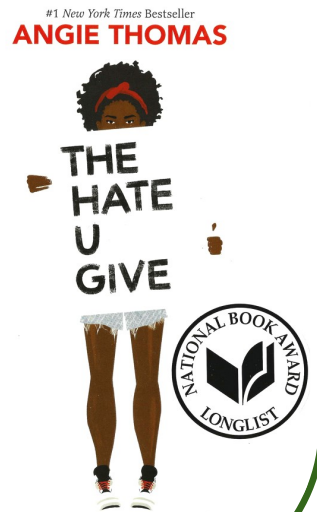
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In Mrs. Peña's Book Club we meet once a month, usually on the first Monday, to discuss the previous book we read, vote on the next book, drink coffee and enjoy doughnuts.

The first Book Club meeting in the Fall semester had an amazing turn-out! Mrs. Peña's club had all of the students from the spring meetings (Eloise, Koi, Miguel, Paige), but the number of new book-lovers far outnumbered the previous year's, with at least twelve people crowding the Library. We told each other our favorite types of books, as well as the usual three facts about ourselves. Then Mrs. Peña announced that we would be reading ***The Hate U Give* by Angie Thomas**, followed by watching the trailer for the new movie. Mrs. Peña would love to take all of the Book Club members to see *The Hate U Give* when it comes out on October 19th if all goes to plan. *The Hate U Give* is about a teenage girl, Starr Carter, who lost her best friend, Khalil, to police brutality. After her best friend's death, she has to take a stand against the cops, people on the streets, and even drug dealers, to defend Khalil against people from all across the United States calling him many different names. We would all love if you joined our future meetings!



Fred Moore High School

will host its 3<sup>rd</sup> Annual

**College and Career Fair**

-Passport to Success

on Thursday, **October 25, 2018.**

The students will follow the regular schedule in the morning and enjoy a keynote speaker and breakout sessions following lunch. Parents are welcome to attend the event.

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## Suicide Prevention by *Dragon's Lair* Journalist Eloise Bourns

September is suicide prevention month. On Tuesday, September 18, Vianey Reinhardt, LPC spoke to our students about youth suicide prevention (as mandated by House Bill 1386). Mrs. Reinhardt is a Community Education Specialist with The Excel Center of Lewisville, TX. Her goal was to educate our students about potential warning signs. Excel Center of Lewisville is for at-risk youths. Here are a few key points from her presentation.

- Most common symptoms: regret, anxiety, irritability, self-isolation, loss of interest in favorite activities
- In the U.S. there are more deaths from suicide than from car accidents
- In people aged 15- 35, suicide is the second leading cause of death
- 1 in 5 people have a mental illness. 50% of people show signs before 14 years old
- More teens and young adults die from suicide than from cancer
- There are 3,041 suicide attempts yearly in just teens in 9th to 12th grade. That's 912 daily
- 4 out of 5 people show warning signs
- Females are 3x more likely to attempt than males. Males complete 4x more than females
- Most at risk groups of youth;
  1. Native American/ Alaskan native youths
  2. Caucasian youths
  3. African-American youths
  4. Hispanic youths
- LGBTQ+ are more likely to attempt than straight youth

**Who is at risk?:** People who have previously attempted; Drug/ alcohol abusers; people with conduct and behavioral issues; people with non-supportive family; people with relationship conflicts; people with poor coping skills

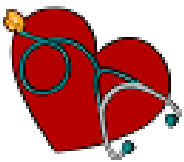
**What can I do?:** Talk to an adult that you trust. Stay engaged with the at-risk person (maintain social connections, spend time together); Engage in healthy activities (limit screen time, exercise, eat healthy, encourage rest/ sleep); seek professional help.

Don't make a **permanent** decision your solution to a **temporary** problem.

Suicide is **never** the answer.



## Nurse News



# Halloween Safety

## American Red Cross's Tips for Staying Safe

- 👤 Don't allow children to Trick or Treat alone. Older kids should take a friend and young children should be accompanied by an adult.
- 👤 Accompany children to the door of each house they approach.
- 👤 Familiarize yourself with every house you visit and all people from whom your children receive treats.
- 👤 Tell kids NOT to enter any home without permission from parents or guardians.
- 👤 Tell kids NOT to approach any vehicles, occupied or vacant, unless they are accompanied by a parent or guardian.
- 👤 Give children lights to carry -- like a glow stick or flashlight -- along with reflective clothing.
- 👤 Make sure that children can see and breathe properly and easily through facial masks.
- 👤 Warn children NEVER to approach any house that isn't well lit.
- 👤 Remind children to make note of suspicious incidents and report them to parents, guardians, and/or the proper official.
- 👤 Instruct children to run away, scream, and make a scene if anyone tries to grab or force them, in any way, to go with them.



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# Whooo Can Join the PTSA? You Can!



Join us for the first PTSA  
meeting, November 13th @  
3:50

Contact us at  
stacybourns@gmail.com  
for more information

Students • Teachers • Parents  
Everyone is welcome!

**INTERACT CLUB** is hosting a food drive to restock the Food Pantry benefitting students in Denton ISD. Beginning Monday, November 5 through Wednesday, November 14, please bring unopened and unexpired foods. The following is a list of the most desperately needed items.

- Can Meat (chicken, tuna, etc.)
- Can Vegetables
- Can Fruit
- Dried Pasta and Canned Spaghetti Sauce
- Small bags of Rice
- Can Beans or Small bags of Dried Beans
- Can Chili and Soups
- Can Ravioli
- Box Mac n' Cheese
- Instant mashed potatoes
- Flour
- Baking soda
- Cereal
- Cooking Oils (Olive and Canola)
- Dried Herbs and Spices
- Small jars Peanut Butter
- Granola Bars and Peanut Butter Crackers
- Baby Formula



# VOLUNTEER



## "Life Is Your Journey, Travel Drug Free"

Red Ribbon Week is coming up Oct. 22nd-26th.

Monday- "Life is Colorless With Drugs"  
- wear black and white.

Tuesday- "Put a Cap on Drugs"- wear hats.

Wednesday- "Shade Out Drugs"- wear sunglasses

Thursday- "Life is a Journey, Take it Without Drugs"  
- wear college shirt or career clothes

Friday- "Drugs Sock"- wear crazy socks.

**WHO:** YOU! Along with Denton Morning Rotary Club members and Interact Club from FMHS and DHS

**WHAT:** We will pack approximately 2000 bags which will feed 4-6 people each. The bags will be sealed and packed in boxes for shipment both within the US and outside the country.

**WHEN:** Monday, October 29th, 6:00-8:00pm

**WHERE:** FMHS gym

**HOW:** Sign up in the front office

Denton Morning Rotary Club sponsors our Interact Club and generously provides scholarships to our graduates. Come out to help and show your **Spirit of the Dragon** and bring your friends and family to help.

Thank you to all the faculty, staff and students who submitted content and ideas to the Dragon's Lair.

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Eloise Bourns - Editor