



Denton High School

"In the Ultimate Pursuit of Excellence in Education"

AN INTERNATIONAL BACCALAUREATE WORLD SCHOOL

DHS PTSA Newsletter

4th Six Weeks Edition

January 2013

DISD—Denton High School
1007 Fulton Street
Denton, TX 76201
(940) 369-2000
Fax (940) 369-4953
www.dentonisd.org

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The DHS PTSA publishes a total of five (5) newsletters throughout the school year. If you wish to submit information about upcoming school activities, please submit no later than **February 20th** for the next DHS PTSA Newsletter issue. Submissions may be emailed to: missy.mccormick@unt.edu.

DHS STUDENT COUNCIL HOSTING

"CAREER DAY"

WEDNESDAY FEBRUARY 27TH

The Denton High School Student Council is hosting a **Career Day on Wednesday, February 27th, 2013, from 8:30 am to 11:20 am**. Businesses and Individuals interested in participating are encouraged to contact the DHS Student Council.

If you have any questions, you can contact the Student Council sponsor, Ms. Phillips at jphillips@dentonisd.org or 940-369-2181. Please **RSVP to Ms. Phillips by Friday, February 15th** if you are interested in participating.

Counselor's Corner

Welcome Back!! We hope you had a very relaxing and restful Winter Break. Get ready to "Dig In" to second semester and **FINISH STRONG!!**

Some important dates to put on your calendar...

- **8th Grade Parent Night** – January 28th
- **Financial Aid Night** – February 19th at DHS for Juniors and Seniors
- **SAT/ACT** – Juniors sign up this spring or summer
- **Upcoming Course Selection Process** for 9th, 10th and 11th graders...
 - 10th = March 4 & 5
 - 11th = March 19 & 20
 - 9th = April 3 & 4

For the school year, **2013-2014**, the DHS PTSA will need to fill some very important positions. The offices include **President, Vice President, and Secretary.**

In addition, we welcome all people to serve as committee chairs or volunteers to work on these committees.

Some committees include: **Arts in Education, Staff Appreciation, Fundraising (included in this is Homecoming), Campus Leadership representative, volunteer coordinator, legislative liaison, and district council representative.**

If you are interested in any position on the board, please contact Lori Wolfe (lwolfe@unt.edu).

Bronco Volunteers!

Don't forget to report your volunteer hours. There were many events and activities that took place before the holiday break that could not have been a success without teamwork. Don't let these valuable hours go unreported. Submit your hours by going to the **DHS PTSA link** and clicking on **DHS Volunteer Database 2012-2013**. Include all time that benefited DHS such as hours spent shopping, sewing, baking, painting, building and traveling. Travel time to and from any volunteer event should also be reported. So sit back, relax and read through this informative newsletter. Then go to the **DHS Volunteer Database 2012-2013** link to submit your volunteer hours. The hours reported benefit our school district. Thank you for making a difference!

-Sully Saucedo, DHS-PTSA Volunteer Coordinator



We are Proud

On 12/6/12, the Denton Public School Foundation arrived at DHS, gifts in hand! They presented 3 grants to teachers for items requested for their classrooms. The grants were funded by the DHS PTSA.

Etienne Illy, art teacher, received a grant for \$1000.

Rhonda Weldon, math teacher, received a grant for \$928.

Todd Ward, math teacher, received a grant for \$948. Congratulations!



Dear Parents,

Do you know how important your membership in the PTSA is?

Click here on to learn about PTSA and what it does to improve the lives of your child and all the others here at Denton High School.



Calling All Crockpots! Soup needed for 1/28 Staff Appreciation Luncheon

The annual PTSA-sponsored soup luncheon will take place **Monday, January 28 from 11-2** in the faculty lunchroom. If you are able to help with this, crock pots of soup, cornbread and muffins (both sweet and savory) are needed. This is a favorite event for our teachers and staff each year and they look forward to it for weeks!

The soups that always seem to go the fastest are: tortilla soup, chili, vegetarian vegetable, cream soups, and tomato basil. These are just suggestions--anything that you'd like to make will undoubtedly be enjoyed! We often get requests for the soup recipes, so feel free to print a few copies up.

Assistance is needed before, during and after the event, so if you are free, it would be great to have some extra sets of hands!

Please contact Heidi Klein, Staff Appreciation Chair, if you can help (heidiklein@verizon.net)



PTSA Board for 2012-2013

President, Grace Chalon

1st Vice President, Cheryl Hassell

2nd Vice President, Dianne Williamson

Treasurer, Linda Thompson

Secretary, Janell Trachta

Parliamentarian, Carisa Armye

Arts in Education Chair, Katie Roche

CLT, Rhonda Duggan

CLT, Loyce Wilson

District Council Rep, Lori Wolfe

Fundraising, Cheryl Hassell

Homecoming Chair, Cheryl Heal

Homecoming, Kelly Dozier

Legislative Representative, Mia Price

Membership Chair, Linda Thompson

Newsletter, Missy McCormick

Newsletter, Karen McCormick

Staff Appreciation, Heidi Klein

Volunteer Coordinator, Sully Saucedo

PTSA
everychild.onevoice.®





There is still time to
purchase raffle
tickets.....take your
chance on winning a car!

Jim McNatt is once again supporting area schools and non-profit agencies by offering the raffle winner a car or truck valued at \$30,000 or less. The raffle will be held on **Saturday, May 18, 2013, at 10 am.**

McNatt pays tax, title and license! Each raffle ticket is \$2, and that entire amount will be donated to the DHS PTSA. McNatt does not keep a percent of the sales.

If you are interested in purchasing raffle tickets, please contact Grace Chalon, PTSA President, gchalon@verizon.net.

GOOD LUCK!



DHS Counseling Office Information

***To see information about the DHS Bullying Prevention Committee.....page 5

Contact Information

Please feel free to contact us for your student's needs.

Dr. Doretha Hudspeth, Lead Counselor	S-Z 10 th -12 th grade	Ext. 2017
Dottie McEuin	L-R 10 th -12 th grade	Ext. 2018
Chris Lydia	9 th Grade	Ext. 2012
Vickie Reid	E-K 10 th -12 th grade	Ext. 2261
Jari Peltier	A- D 10 th -12 th grade	Ext.2019
Kim Keith	Career Counselor	Ext.2020
Dawn Pryor	Counseling Asst.	Ext.2011
Kelly DeLong	Registrar	Ext.2008



Fillies Drill Team News

- **February 23rd** – Jr. Fillies Clinic!
9am-12pm - DHS
- **March 1 & 2** – Fillies Follies!
7pm - DHS Auditorium
- **March 22** – Fillie Try-outs!



For more information contact: Kerri Burgess at 940-369-2124
kburgess@dentonisd.org



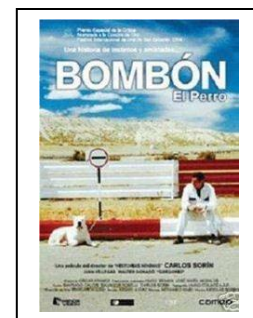
DHS International Baccalaureate

HEB College Night: January 28

On Monday, January 28th the Hurst, Eules, Bedford will sponsor their annual IB College Fair. DHS will have a bus that will transport students, leaving DHS at 4:45 p.m. and returning by 8:30. Parents are also welcome to drive their student to the Pat May Center in HEB directly. Over 50 universities will be in attendance, specifically to speak to IB students. This event is ideal for **current 9th, 10th and 11th grade students**. Questions can be directed to DP Coordinator **Beth Hughes** at 940-369-2238 or bhughes@dentonisd.org

DHS Foreign Film Review

The DHS World Language Department, in partnership with the IB Middle Years Program, is continuing its Culture through Film Screenings this month. Each film is sponsored by a faculty member from the World Languages department, and is accompanied by a background reading provided by the MYP. Students are encouraged to come and enjoy this cultural experience. All of this year's showings will take place in the DHS Lecture hall, and will commence at 5:15 p.m. January's showing, *Bombon*, will be on January 31, 2013, and will be hosted by **Señor Donald Place**.



Beth Hughes

International Baccalaureate Coordinator
Diploma Programme
www.dentonisd.org/dhsib



DHS YEARBOOKS 2012-2013

Yearbooks are on still on sale for \$75 through Feb. 1st. After this date, there is no guarantee that there will be any yearbooks left for sale. If you want to make sure you get a copy purchase online at <http://yearbookavenue.com> or send cash or check with your student to Mr. Bogomol (room 207).

For more information about Yearbooks contact Mr. Bogomol at gbogomol@dentonisd.org or at 940-369-2150.



DHS Reflections winners going to State

I'm so proud to announce that two of the **Denton High School Reflections** entries are advancing to the **State level**.

Emily Papai's Dance Choreography entry and **Korey Savino's** Visual Arts entry have been chosen to proceed to the state level with a chance to go on to the National level. This is a wonderful achievement as nearly 60,000 students participate in the program annually and less than 3% advance to Texas PTA!

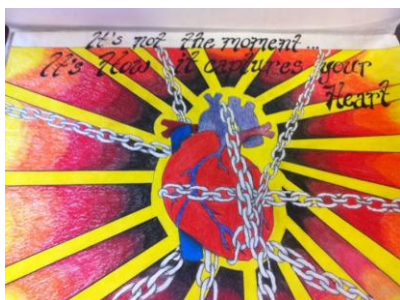
The results of state-level judging will be posted on the Texas PTA website **no later than March 31**.

Good luck Emily and Korey!

*Katie Roche,
DHS Reflections Chair*

Below is a photograph taken of Korey Savino's beautiful visual arts entry

"It's Not The Moment"



The reflections contest theme was, **"The Magic of the Moment"**. These are the winners for each of the categories....

Here is a list of the winners from the reflections contest:

Musical Composition: 1st – Brian Zellmer, 2nd – William Root

Visual Arts: 1st Korey Savino, 2nd – Gleb Filatov, 3rd – Landon Kildal

Literature: 1st – John Brattvet, 2nd – Meghna Jayakumar, 3rd – Luis Guevara

Dance Choreography: 1st – Emily Papai



Dance Department News

Congratulations to **Jamitrice Keating-Lynton** for representing **Denton High School as the All State Dance Student for Texas Dance Educator's Association**. She had the opportunity to take numerous workshops from Dance Directors and perform with over 170 other All State Students.

Congratulations to **Emily Papai** for her **PTA Reflections entry in Dance Choreography**. Her piece has been chosen to proceed to the state level with a chance to go on to the National level.



Class of 2014 Parents

The DHS class of 2014 will be hosting a **Winter Ball on February 2nd from 8 p.m. – midnight**.

**CLASS
OF 2014**

The theme is **"A Midwinter's**

Night Dream." The formal dance will be held in the DHS cafeteria, which we plan on transforming into a Winter Wonderland. This a very important fundraiser for our class, and we need lots of help with such tasks as selling tickets during lunch, decorating on Friday night and Saturday and help at the dance itself.

We also have some needs which will help with costs. We are only charging \$10 per ticket so in order to make a profit we need the following donations: clear Christmas lights, helium tanks/helium, and vanilla cupcakes (NO Icing) baked in white paper cups. If you can help with these items, please email me.

You should have already received an invitation to help sell tickets. I will be sending invites to sign up to help with the event.

Please be sure to encourage your children to come. It gives the girls a chance to dress up in fancy dresses, which they love! Also, we will have a professional photographer who will be taking pictures of all the kids for FREE. The pictures will be posted online after the dance. Any advertising of this event would be GREATLY appreciated.

Thanks in advance for your help!
*Sherry Dieterich and Janis Wohlgemuth
DHS Class of 2014 Sponsors*



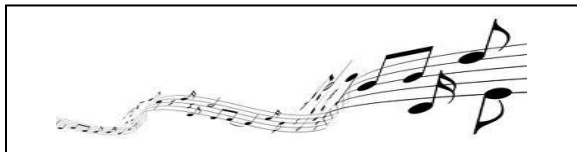
DHS JOURNALISM

Don't forget to follow the journalism department on twitter at <http://twitter.com/dhshorseshoe> and online at www.dhshorseshoe.com

If you have any story ideas or would like to place an ad or know anyone who would please contact Mr. Bogomol at gbogomol@dentonisd.org or at 940-369-2150.



DHS ORCHESTRA

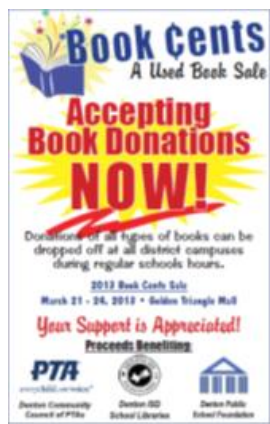


Orchestra Director, Tanya E. Schwach

tschwach@dentonisd.org

Upcoming Events:

- **Saturday, January 26th** – UIL State Solo and Ensemble State UIL Competition at DHS
- **Monday, February 11th** – 7 pm Chamber Orchestra with DHS Band and Choir will be performing at Texas Women's University Fine Arts Concert
- **Tuesday, February 12th** – 6 – 9:30 pm Chamber and Sinfonia Orchestra Pre-UIL Concert DHS Auditorium
- **Wednesday, March 6th** Chamber and Sinfonia Orchestra State UIL Competition at Guyer HS



Book Cents, the district-wide used book sale, now in its fifth year, is accepting donations through **Friday, February 15, 2013**. Please bring your donations to the DHS library during regular school hours. Following the donation deadline, volunteers will be needed to help sort, count, and pack books—or feel free to drop in any time during the school

day to lend a hand. Mrs. Bason, our librarian, has had a lot of experience packing books. The Book Cents sale is scheduled for **March 21 – 24 at the Golden Triangle Mall** (same location as last year). The sale benefits the Denton Community Council of PTAs, all DISD campus libraries, the Denton Public School Foundation, and every man, woman, and child who attend the sale.

"There is no friend as loyal as a book." – Ernest Hemingway
"Outside of a dog, a book is man's best friend. Inside of a dog it's too dark to read." -- Groucho Marx



DHS Bullying Prevention Committee

Information provided by DHS Counseling office

DHS believes all students have the right to attend school where individual differences are respected and celebrated and to learn in a safe, secure and supportive environment that is free of bullying. Unfortunately, bullying behavior sometimes occurs in the school setting. DHS has recently stepped up its efforts against bullying with the formation of a prevention committee whose members consist of administration, counselors, the SRO, teachers, staff, parents and students. The mission of the committee is to develop and nurture a learning community in which all members understand and demonstrate respect, responsibility, integrity, self-discipline, dignity and foster a caring environment. Current objectives set by the committee include providing awareness of unacceptable behaviors, provide bullying prevention education, engage students, staff, parents and community members in our effort to prevent bullying, and provide support for victims of bullying, bystanders and bullies. In an effort to achieve parent collaboration it is vital that parents understand what constitutes bullying, know the types of bullying, recognize warning signs that their child may be experiencing bullying and/or is engaging in bullying behavior and know where to seek help.

Definition of Bullying

Bullying is a form of overt and aggressive behavior that is intentional, hurtful, and persistent.

- It is intentional hurtful behavior physically and/or emotionally.
- It is a pattern of behavior that is repetitive.
- It involves an imbalance of power and/or strength.

Types of Bullying

- **Direct-** physical (hitting, pushing, slapping, spitting) and/or verbal (name calling, malicious teasing, taunting, threatening).
- **Indirect-** this type of bullying is more subtle and includes behaviors such as social isolation, exclusion, lies, rumors and/or reputation slandering.
- **Cyber bullying-** the use of technology to tease, intimidate, defame, send hurtful messages, threaten, and/or cause harm. Cyber bullying can be done through means such as texting, email, digital pictures, videos, and website postings (including Facebook, Instagram, blogs, Twitter or other means).

Warning Signs that a Child is Being Bullied

- Unexplainable injuries;
- Lost or destroyed clothing, books, electronics, or jewelry;
- Frequent headaches or stomach aches, feeling sick or faking illness;
- Changes in eating habits, like suddenly skipping meals or binge eating. Kids may come home from school hungry because they did not eat lunch;
- Difficulty sleeping or frequent nightmares;
- Declining grades, loss of interest in schoolwork, or not wanting to go to school;
- Sudden loss of friends or avoidance of social situations;
- Feelings of helplessness or decreased self-esteem; and/or
- Self-destructive behaviors such as running away from home, harming themselves, or talking about suicide.

(Please note that not all children who experience bullying will exhibit warning signs.)

Continued page 6

Warning Signs that a Child is Bullying Others

- Get into physical or verbal fights;
- Have friends who bully others;
- Are increasingly aggressive;
- Get sent to the principal's office or to detention frequently;
- Have unexplained extra money or new belongings;
- Blame others for their problems;
- Don't accept responsibility for their actions; and/or
- Are competitive and worry about their reputation or popularity.

Seeking Help

Parents need to understand that the majority of children do not report bullying to their parents and/or other adults. This could be because of several reasons:

- Feelings of helplessness. Many teens want to handle it on their own to feel in control again or they may fear being seen as weak or a snitch.
- Many teens fear retaliation from the bully.
- Bullying can be a humiliating experience. Some teens may not want their parents or other adults to know what is being said about them, whether true or false. They may also fear that their parents or other adults will judge them and/or punish them for being weak.
- Kids who are bullied may already feel socially isolated. They may feel like no one cares or could understand.
- Kids may fear rejection by their peers. Friends can help protect kids from bullying, and kids can fear losing this support.

If you suspect your child is being bullied:**1. Be Supportive and gather information:**

- Talk with your child and find out what has happened. Ask them who all was involved in the bullying. Get the facts.
- Talk with your child about cyber bullying and monitor their internet activity.
- Listen without blaming your child and assure them that it is not their fault.
- Never tell your child to ignore the bullying, especially if they report the bullying to you. This could send the message that you are going to ignore it. Ignoring it could only make the problem more serious.
- Do not encourage physical retaliation.

2. Contact your child's teacher, counselor, and/or Assistant**Principal:**

- Keep your emotions in check. Give factual information about your child's experience of being bullied—who, what, when, where, and how.
- Work with the staff at school to find a solution to stop the bullying, for the sake of your child as well as other students.
- Do not contact the parents of the student(s) who bullied your child.
- Expect the bullying to stop. Talk regularly with your child and with school staff to see if the bullying has stopped. If the bullying persists, contact school authorities again.

3. Help your child become more resilient to bullying:

- Help develop talents or positive attributes of your child such as getting them involved in after school programs, art activities, or athletics.
- Encourage your child to reach out to their friends at school and in their classes. Bystanders have a major impact on stopping bullying behaviors.

- Talk with your child about safety strategies such as seeking help from an adult, discuss adults at school your child would feel comfortable talking to, and assure your child that reporting is not the same as snitching.
- Get your child involved in the community and encourage them to make friends outside of school.
- Evaluate your child's social skills. If your child is hyperactive, impulsive or overly talkative the bully may be reacting out of annoyance. While this does not make the bullying right, it could help you understand why your child is being bullied. If your child easily irritates others seek help from a counselor so your child can better learn the informal social rules of his/her peers.
- Provide a safe and loving home environment where the lines of communication are always open.

If You Suspect Your Child is Bullying

It's hard for any parent to believe that their child is a bully, but sometimes it happens. But just because your child bullies doesn't mean that he or she will bully forever. Parents are one of the best resources to help their child stop bullying and start interacting positively with their classmates.

- Take it seriously. Don't treat bullying as a passing phase. Even if you're not worried about long-lasting effects on your child, another child is being hurt.
- Talk to your child to find out why he or she is bullying. Often, children bully when they feel sad, angry, lonely, or insecure and many times major changes at home or school may bring on these feelings. Sometimes children bully to fit in. Gaining an understanding of why your child is bullying will help you in seeking additional support for your child as needed.
- Help build empathy for others and talk to your child about how it feels to be bullied.
- Use consequences that involve learning or building empathy such as having them write a letter of apology, volunteer in the community to help others, write about the effects of bullying, do a good deed for the person who was bullied, and clean up, repair or pay for any property they damaged.
- Ask a teacher or a school counselor if your child is facing any problems at school, such as if your child is struggling with a particular subject or has difficulty making friends. Ask them for advice on how you and your child can work through the problem.
- Ask yourself if someone at home is bullying your child. Often, kids who bully are bullied themselves by a parent, family member, or another adult.

Steps Parents Can Take to Prevent Bullying

- Talk about bullying with your child.
- Help your child understand what bullying is and how to respond to bullying.
- Encourage your child not to be an innocent bystander, but to stand up against bullying by not giving the bully his/her desired attention, telling the bully to stop (if they feel comfortable doing so), and/or by reporting the bullying.
- Keep the lines of communication open.
- Support your child and encourage them to do what they love.
- Model how to treat others with kindness and respect.
- Get involved. Parents can contribute to a positive school climate through the parent teacher association, volunteering, and school improvement events.

Continued page 7

For more information about DHS Bully Prevention Committee you may contact Jennifer Mize, Student Assistance Counselor at (940)369-2136 or jmize@dentonisd.org or Vickie Reid, Guidance Counselor at (940)369-2261 or v Reid@dentonisd.org

Resources

Bully Free Program <http://www.bullyfree.com/free-resources/tips-for-parents>

Educaiton.com- Bullying at School and Online

<http://www.education.com/topic/school-bullying-teasing/>

National Crime Prevention Council

<http://www.ncpc.org/topics/bullying/what-parents-can-do>

U.S Department of Health and Human Services-

StopBullying.gov www.StopBullying.gov



BRONCO NATION

Denton High School Mission Statement

Denton High School, in partnership with the home and community, is dedicated to the development of knowledgeable, compassionate individuals who actively and ethically contribute to the betterment of our world.

By providing challenging and educational experiences that encourage cooperation, creativity and intercultural understanding, DHS aims to create life-long learners who embrace the diversity of others.

Adopted 2007



2013 Grad Night

Project Grad Night is supported by parents, friends, teachers and businesses within our community. Please consider

becoming an underwriter for Project Grad Night by donating cash, prizes or gift certificates. Each underwriter will receive special recognition at Project Grad Night and written acknowledgment in the Denton Record-Chronicle.

Underwriter levels are as follows:

Horseshoe: \$1000

Purple: \$250

White: \$50

Bronco: \$500

Gold: \$100

Special Friend: \$ ____

See donation form on page 8



DHS USEFUL LINKS FOR PARENTS!

ParentConnection and GradeSpeed (View your student's grades and attendance)

Parent OnLine (View your student's cafeteria account balance and purchases)

DHS E-Alerts





Denton High School

An International Baccalaureate World School

"In the Ultimate Pursuit of Excellence in Education"

Project GRAD NIGHT



1007 Fulton Street
Denton, TX 76201
(940) 369-2000
Fax (940) 369-4953
www.dentonsid.org/dhs

Principal
Dan Ford

Associate Principal
Renee Koontz

Assistant Principals
Paul Martinez
Howard Palmer
Mariyn Rabsatt
Jacqueline San Miguel
Jason Tackett

IB DP Coordinator
Beth Hughes
www.dentonsid.org/dhs/ib

IB MYP Coordinator
Kimberly Thaggard

Counselors
Doretha Hudspeth
-Lead Counselor
Kimberly Keith [CTE]
Christopher Lydia
Dottie McEuin
Jennifer Mize
-Student Assistance
Jari Pettier
Vickie Reid

Denton Independent
School District
1307 N. Locust Street
Denton, Texas 76201

We are writing, in partnership with the Denton Public School Foundation, to solicit your help in making graduation night fun, safe and memorable for our 2013 Denton High School graduates. Project Grad Night is an alcohol-free & drug-free event for only graduating seniors, and will take place on June 7, 2013. The event offers graduates lots of food and fun including many different sport and video games, and the opportunity to win prizes like microwaves, tv's, dorm supplies, gift certificates and much more.

Project Grad Night is supported by parents, friends, teachers and businesses within our community. Please consider becoming an underwriter for Project Grad Night by donating cash, prizes or gift certificates. Each underwriter will receive special recognition at Project Grad Night and written acknowledgment in the Denton Record-Chronicle. Underwriter levels are as follows:

Horseshoe: \$1000
Gold: \$100

Bronco: \$500
White: \$50

Purple: \$250
Special Friend: \$

Thank you for considering this opportunity to support DHS Graduates with a tax deductible contribution! We look forward to your response. Please feel free to contact me with any questions.

Sincerely,
Michelle Curran Grad Night Chair
michelleannettecurran@yahoo.com

Send this portion with donation

Donate Online At: tinyurl.com/dentongradnight

Please make checks payable to: **DHS Grad Night 2013**

Please mail to: c/o Michelle Curran
3000 Montecito Dr.
Denton, TX 76205

Donation \$
Description

Name/Organization/Business

Address/City/Zip

Phone Contact Person

The Denton Independent School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities.