TRS Retirement Resources



Use your smartphone to scan the QR codes for instant access to these helpful retirement resources!

MyTRS

Join thousands of your fellow TRS members on *MyTRS*! You can explore the benefit calculator, apply for retirement, schedule appointments, designate a beneficiary, and update personal information. Log in to experience the service options at your fingertips.



Planning for Retirement Guide

Know the major steps you need to take 10-12 months, 6 months, and 30-60 days prior to retirement. Planning ahead can help ensure a smooth transition into your retirement journey.





Member Education Video Series

Whether it's retirement readiness, *MyTRS*, benefit options, purchasing service credit, or naming a beneficiary, we've got something for everyone in this video series. Watch now for answers and information to the most commonly asked questions about retirement benefits.





Employment After Retirement (EAR) Brochure

Returning to work for a TRS-covered employer after retirement? This brochure can help you make decisions to avoid revoking your retirement or forfeiting your annuity payments. Know TRS is here to help you understand the specific limits or requirements that apply to your unique situation.





Video Series: Understanding Your Pension Fund

Learn more about the long-term health of the TRS Pension Trust Fund. In this series, we cover: How the Health of the Fund is Calculated; Experience Study and Investment Return Assumption; and How Benefit Enhancements are Paid For.





Service Credit Brochure

TRS service credit is an important part of determining eligibility for TRS benefits including TRS-Care. Use this brochure to learn about the types of service that may be purchased and the eligibility requirements.

Consider Purchasing Service Credit



TRS-Care Plan Highlights

Get familiar with health plan highlights – for participants with Medicare and for participants without Medicare. Learn more about premiums and things to consider when turning 65.

View Highlights



Navigating Life Events with Ease

From retiring and employment after retirement, to turning 65 and even moving into a new home, TRS has the information you need for your personal and career life-changing events. The impact of these events can be significant and we want to ensure you're making the most of your benefits – in all ways possible – with each step forward.

Navigate Life Events

