

DCMHMR Social Skills Group Fall 2019

Looking for something fun and exciting to do during the week?

Want to meet new people and learn new skills?

This is a social skills group for adults (18+) with IDD to connect with peers and strengthen community and self-advocacy skills.

Our Fall 2019 skills group will cover the following topics:

- Positive Communication
- Interview Skills
- Employment Tips
- Coping Skills
- Dating & Relationships
- Community Involvement
- Self-Advocacy

We meet at the following dates & times:

9/24/2019

10/1/2019

10/8/2019

10/15/2019

10/22/2019

10/29/2019

11/5/2019

11/12/2019

11/19/2019

Tuesdays @ 4:30PM

**Meetings will be located at
2509 Scripture St. Denton TX
76201.**

Contact hannahg@dentonmhmr.org
for any questions & to RSVP!

Hope to see you there!

