

Denton High School

"In the Ultimate Pursuit of Excellence in Education"

AN INTERNATIONAL BACCALAUREATE WORLD SCHOOL

DHS PTSA Newsletter

4th Six Weeks Edition

March 2009

1007 Fulton Street Denton, TX 76201 (940) 369-2000 Fax (940) 369-4953 www.dentonisd.org



| TABLE OF CONTENTS | |
|-------------------|------------------------------------|
| I A | |
| - 1 | Muncy's Messagepage 1 |
| > | Spring Activitiespage 1 |
| > | PTSA Officer Updatepage 1 |
| > | Korean Teachers Visit |
| | DHSpage 2 |
| | Distinguished Teacher Award |
| | page 2 |
| \triangleright | DHS Volunteerspage 2 |
| \triangleright | Math Labpage 2 |
| \triangleright | Thanks and More Thanks! |
| | page 3 |
| \triangleright | Yearbook Balances Duepage 3 |
| \triangleright | Senior Classpage 3 |
| \triangleright | Schwan's Truck Load Sale |
| | page 3 |
| > | Pep Clubpage 4 |
| > | Teacher of the Monthpage 4 |
| > | Staff Member of the Month |
| | page 4 |
| > | Bronco Idol Winnerspage 4 |
| > | DHS Hi-Tech Teacherspage 4 |
| > | DECA Detailspage 4 |
| > | Baseball Season is Here! |
| | page 4 |
| > | Counselor Updatespage 5 |
| Á | Schedule Changespage 5 |
| 6 | DHS International Dinner |
| | page 5 |
| > | Fillies Folliespage 5 |
| | Student Council Officers |
| | |
| - | page 6 |
| | DHS Bandpage 6 |

Soccer Boosters.....page 6

Latin Competition.....page 6

Caught on TASK!....page 6

The Hype.....page 6

.....page 7

.....page 7

.....page 7

.....page 8

.....page 8

.....page 8

Nutritional "Smart Swaps"...

IB Update.....page 7

State President Candidate

Fit It All In Your Schedule

ATC Students at Regionals

UIL Ryan Academic Meet

ESL Classes for Parents...

Yard Sale 2009.....page 8

Denton Writes 2009.....page 8

Academic Decathlon

Math Club.....pages 7 & 8

Greetings from DHS!

Muncy's Message

With the majority of the school year behind us including two unexpected holidays, we move into March with great anticipation of spring break. I have always been a fan of spring break, five days off quietly nestled half way between the chill of winter and the dog days of summer. Our neighbors to the southeast refer to this type of windfall as *Lagniappe* - something given or obtained gratuitously.

I suppose it is not fair to say that we have not done anything to deserve this much needed time off. We have endured 112 days of school, 112 days of homework, quizzes, tests and projects. Days filled with athletic events, fine arts productions, evening activities, and a host of other Bronco functions. When you kick an ant bed the chaotic result resembles a high school - a bevy of frantic activity.

Grade level course selection has passed and next year's schedule is under construction...like everything else around here. We are looking forward to a very large ninth grade class of 519 freshmen roaming our halls next year. We are the only high school that will have students from each of the six middle school campuses which should give you an idea about the size of our attendance area. We may need to build dorms with our next bond package.

I hope everyone has a great spring break... Lagniappe. You deserve time with your family and friends. A little down time never hurt a soul.

Please find listed to the right, some of



the activities that are on the horizon. Thanks for allowing us time with your kids.

Darrell

Upcoming...

Spring Break March 16-20, 2009!

- ✓ Saturday TAKS Tutorials 3/07, 3/28, 4/4, 4/11, 4/18, 4/25
- ✓ English Language Arts TAKS Tuesday, March 03, 2009
- ✓ TAKS Re-testing (seniors only) 3/03, 04, 05, 06
- ✓U.I.L. Orchestra March 12, 2009 at Guyer High School
- ✓ Spring Break "Lagniappe" March 16 through March 20
- ✓ March 30th- Course Verification Letters mailed to parents for signature
- ✓U.I.L. One-Act Play March 26, 2009 at Guyer High School
- ✓ U.I.L. Academics March 27 & 28, 2009 at Guyer High School
- ✓ Interact Blood Drive April 03, 2009
- ✓ April 3rd- Parents return Course Verification Letters to Counselors' office signed.
- ✓U.I.L. Band April 8 & 9, 2009 at Azle High School
- ✓U.I.L. Choir April 15 & 16, 2009 at Keller Central High School
- **✓** TAKS Testing April 28, 29, 30, March 01, 2009
- ✓ Prom May 09, 2009 T.W.U. Hubbard Hall
- Graduation June 05, 2009 U.N.T. Coliseum

PTSA Officer Update

The following is the proposed slate of PTSA officers for the 2009-2010 school year:

President:

1st Vice-President: 2nd Vice-President:

Secretary: Treasurer: Grace Chalon Janell Trachta Christy Sanchez Ivy Doak Janet Shelton

Voting will take place at the PTSA Board meeting which will be held on April 14, 2009 at noon in Room #106. If you are interested in serving on the Board, please contact Eva Poole by April 1, 2009. She can be reached at Eva.Poole@cityofdenton.com or call her at: (940) 349-8750



Korean English Teachers Visit DHS

Denton High School joined hands with the Fulbright Korean Teachers Program and Texas Woman's University February 5 - 18 to host four Korean English teachers in a



Korean Teachers at DHS

cultural exchange program. This was the second consecutive year DHS participated in this program. Teachers hosted DHS were Soon-Chul (Charlie) Lee. Kyongchul (Tom) Myong, Eunhee (Ginny) Park, and Kyungmi (Kate)

Park (pictured above). The names in parenthesis are their American nicknames, which enhance communication. The teachers participated in an orientation program in Korea before traveling to Austin, Texas, where they stayed for five weeks before coming to Denton.

During their DHS two-week calendar, they observed classes throughout the high school, gave some presentations on Korean culture, visited the Advanced Technology Center (ATC), and participated in a Multicultural Club meeting. Regarding his association with DHS students and teachers, Charlie (Soon-Chul Lee) said, "There are some good people I can meet and some good places in my life. Now I am definitely having one of those (experiences)."

High on their personal agenda was a "Taste of Texas" barn party/barbecue on Saturday, February 7, hosted by DHS special education teacher Janét McDaniel at her ranch. Approximately 35 people attended, including two Korean teachers hosted by the University of North Texas (UNT), host families, host teachers and their families, and other TWU and UNT personnel involved with the program. McDaniel was the host mom for Ginny (Eunhee Park), who said, "I could learn American cultures very well, especially by living with my host mom. It is fabulous!!!"

The "Taste of Texas" experience continued the following day as the TWU host families treated their Korean teachers to the rodeo at the Fort Worth Stockyards.

This opportunity to visit and collaborate with the Korean teachers offered DHS students and faculty members a great experience. Kate (Kyungmi Park) expressed a change of opinion regarding Americans. "Frankly speaking," she said, "I had some prejudices about America and Americans before I came to America. But, after I met friendly and warm-hearted Texan people, I came to know that I was wrong. I am happy to meet all of you!"

Tom (Kyongchul Myong) was familiar with the U.S., since he has a son attending Harvard University. However, this was his first visit to Denton, and he said Dentonites should consider living here a gift. Denton with its beautiful scenery, kind people, clean air, big ranches and the like have made me feel at home though I am far away from my country." He described DHS students as "gentle, nice, and eager to learn new things. Contrary to my prejudice ... before I came to USA, they are wearing neat and tidy clothes. When I observed

them in the classroom, they usually took part in the teaching and learning activity." Very impressive to him was what he described as the teaching method "to stimulate the students to reason everything by writing (answers) down on their sheet of paper before they answered questions."

DHS English teacher, Will Slade, who worked in conjunction with Michelle DeAngelo to coordinate the DHS portion of the visit, said DHS hopes to continue this tradition in the future. Other mentor teachers were Dena Puente, Beth Hughes, and Kimberly Thaggard.

~Submitted by Will Slade and Janét McDaniel

Distinguished Teacher Award



The Career & Technology Education (CTE) Department at Denton High School has a terrific Shining Star. Laurence McClendon!! His performance and unselfish devotion to his students, staff, and peers has caught the attention of the North Texas Technology Education Association.

 $\begin{array}{cccc} \text{Recently,} & \text{Mr.} & \text{McClendon} & \text{was} \\ \text{awarded} & \text{the} & \text{2008-2009} \end{array}$

Laurence McClendon Distinguished Teacher Award for

Region 11. Denton ISD and his alma mater, Denton High School, are especially proud of **Mr. McClendon**, who graduated from DHS in 1973. After graduation, he furthered his education at the University of North Texas, ending with an Engineering Degree in Industrial Arts. With his expertise in engineering, **Mr. McClendon** has shared his wealth of knowledge with many high school students over the past 19 years as a superior Career & Technology teacher. His DHS students that were brilliant enough to join his robotics team almost always went to State Competition and won. Denton High School is very fortunate to have **Mr. McClendon** in our Career & Technology Department. Congratulations Mr. McClendon!

~Barbara Goolsby, Department Head

The Volunteers

Thanks for your continued support of Denton High School! Volunteers have submitted **3,384 hours** from summer through January. Please continue to report your hours and be sure to include all of the time you spend helping with DHS activities, including travel time and hours spent with overnight events. Go to the following website and click on NEW PTSA Volunteer Database!

http://www.dentonisd.org/dentonhs/site/default.asp

Attention Booster Club Presidents: Please remind your members to submit their hours for any time that they have donated to DHS during any month of this school year!

Go Bronco Volunteers!!!

~ Kathy Belcher

Math Lab

Open Monday – Friday from 8:15 to 8:40 in room 112. Also open everyday during lunches. This is a great way for students struggling in math to get some extra help.



Thanks and More Thanks!

The BookCents January book drive collected more than 17,000 books in 343 boxes from our district campuses. The cash prizes for the most books tallied by the contest deadline were awarded to: Denton High School, Strickland Middle School, and McNair Elementary School. BookCents is a new project for Denton ISD. The Denton Council of PTAs and Denton **Public** School Foundation have partnered to recycle and resell books that have been withdrawn from our campus libraries because their reference material is no longer accurate or they have been on the shelves too

long. There are thousands of these books each year that would otherwise be discarded. Personal used books will add to the goal of 70,000 books we hope to collect and sell.

Profits from the sale will be used to establish an endowment through the Denton Public School Foundation to purchase new and replacement books for campus libraries. PTA profits will provide new school PTA start up funds and volunteer training for existing campuses.

March 26-28 at the Denton Civic Center is the sale. Book donations are welcome at all campuses through March 15th. An additional \$100 prize will go to the campus that collects the highest cumulative total of books.

You can help! Please take your used books to a DISD campus. We are asking each campus PTA to sort and box their books and turn in your total. DISD intercampus mail will pick up the boxes which will be stored until the sale. Volunteers get first choice of sale books so sign up for the fun. Thanks and more thanks for making this project a success!!

Questions? Contact: Sandy Kristoferson skristoferson@hotmail.com or Jackie Jackson – gljackson@charter.net

Mrs. Bason receives \$100 award for Book Cents drive!



DHS won the \$100 cash award for collecting the most books (22 boxes containing 1257 books) within the high school division!

Yearbook Balances Due in March

Parents and students who put a down payment on an all-color 2009 DHS yearbook need to pay the balance this month. The books are \$60. Students may come to Room 207 if they are unsure of the balance amount.

Any yearbooks not paid in full by April 15 will be resold at the end of school.

~Marilyn Stevens

From the Senior Class

We are excited to announce the Class Favorite Winners for 2009. Freshman students Dentton Hudspeth and Sha'rena West, sophomores Denzal King and Gladys Moreno, juniors Edgar Mendoza and Joanna Ceja, and seniors Corwyn Raesz and Shante Clinton and Natalie Attaya. We also have selected our 2009 Mr. and Miss DHS honorees. Mr. and Miss DHS are awarded to a senior boy and girl who throughout his/her four year enrollment at Denton High School represent the best qualities of a DHS student: pride, integrity, compassion, acceptance, leadership and academic excellence. We are honored to announce that Spencer Eagleton and Taylor Belt are this year's Mr. and Miss DHS. We want to thank all of the students who purchased a ticket to attend our event and voted for their class favorite. The money raised will go to fund the junior and senior prom. Special thanks to Mrs. Meadows and Ms. Koontz for decorating the stage and rounding-up parent volunteers. Also, thank you to Mrs. Trapp and the tech crew for the lights and stage.

Currently we are focusing our efforts on May 9th, **PROM NIGHT!** This year's theme is "Night on the Nile." We are excited about the Texas Woman's University venue and excited about indulging in our yummy dessert bar. Tickets will go on sale April 16th and end April 22nd. The tickets are priced at \$35.00 each and include party favors, desserts and beverages, a professional photo, dancing from 8:00 pm - midnight, and a great time. Parents who are interested in volunteering to sell tickets or decorate need to contact Renee Koontz at (940) 369-2023.

Soon we will be contacting parents to help with the Senior Breakfast. We are desperate for senior photos, so please send them to Miss Davis soon. We want to have a wonderful senior slide show, and thus far, we only have enough photos to fill 50 seconds. We will gladly use group photos, old photos, baby photos, and even recent senior pictures. You can send those digitally to sdavis@dentonisd.org (place SENIOR PHOTO in the Regards) or you can mail copies to DHS, Attn: Shandi Davis, 1007 Fulton Street, Denton, Texas 76201. Copies will not be returned. If you have questions, then email Ms. Davis or phone her at (940) 369-2108. Have a fantastic Spring Break!

~Senior Class Officers

2009





Please mark your calendar for the next Schwan's Fundraising Truckload Sale on Thursday, April 30. The last sale raised \$190 for DHS Parent Teacher Student Association. We appreciate your support!

~Janell Trachta

Saturday TAKS Tutorials

March 7, 28

Pep Club

Pep Club has opened the *Star Bronx Cafe* and it is going really well! We sell different flavors of coffee and different kinds of teas along with different creamers on MWF in front of Mr. Muncy's office (room 106). We charge \$1.00 for large and \$.50 for small. We start at 7:45 and go until 8:35, when the first bell rings. We are titled *Star Bronx Coffee Cafe* and our sign is down on the wall in front of room 106. We have different creamers and will soon be getting

different creamers and will soon different kinds of coffee. Pep Club member Kristen Watkins' dad has generously offered to give us our coffee supply from "Filter Fresh" coffee distributors. Pep Club members Genesis Molina. Nata

members Genesis Molina, Natasha
Scalice, Chris Villanueva, Eric Thompson, Alan
White and Corina Amaya have been tremendous helps
selling. We hope to have more success as we are becoming
more and more known. So far, students are asking everyday
where the coffee is and possibly next year we will do it every
day.

~Caroline Renfro



Teacher of the Month - Monica Martinez

Monica was nominated this month for being Monica. In addition to her cheery disposition, Monica has been volunteering both her time and her room to accommodate several of the activities that we have going on at DHS. She has been especially helpful with the yard sale and is also allowing ESL Initiative to be held in

her room. Thanks Monica- we love you!



Staff Member of the Month - *Stephanie Sutton*

Stephanie has been nominated several times this year for all of her hard work with our students. A direct quote from one of our administrators was, " If we did not have her here, the students that need her would be lost. She is

invaluable." Thank you for all of the work you do Stephanie and for all of the EXTRA time that you put in to help our kiddos. You are awesome!!!



Bronco Idol Winners

The Denton High School Student Council would like to congratulate Catricsha Battle on winning Denton High School's 2008-2009 Bronco Idol. Catricsha is a senior and the vice president of the Denton High School Fillies. Her winning performance was her rendition of Alicia Keys' Superwoman. We would also like

to congratulate Hannah Lane on winning the popularity vote. Hannah is a junior and president of the Denton High School Fillies

~Beth Hughes

April 4,18, 25

Spotlight on DHS Hi-Tech Teachers!

The Texas Computer Education Association held its annual state convention at Austin in February. During the convention several educators from Denton ISD

attended. Teachers, administrators and policy makers from across the state had the opportunity to see how Denton High teachers were using educational technology in the classroom. Many DHS teachers shared class blogs, podcasts, and

insight on how to improve teaching and student performance. Hollye Knox from DHS and Ronnie Yeatts of Crownover presented: *Who Let the Blogs Out?* to an audience of 150 educators during the convention. This presentation showcased the many blogs teachers and administrators are developing within the district. Others attending the convention from DHS were Sarah Hustwit and two students from Guyer High who worked with the new collaborative Internet learning tool: UniServity.

~Hollye Knox, Curriculum Technology Specialist



DECA Details....

Four Denton High School students competed in the series

events at DECA District Competition in January. They were Ryan Davidson, Brittany Gaidar, Michelle Sandoval, and Carissa Jones. Three of those four students won and will advance to State DECA Competition in February. Their categories were, Ryan



Davidson-Quick Service Restaurant Management; Michelle Sandoval-Automotive Services Marketing; and Carissa Jones-Business Services Marketing.

There were more students than ever at this year's competition, so our hats go off to these students with many congratulations for making it to State Competition in Galveston!!

~Barbara Goolsby,.Advisor



Reminder: Baseball Season Is Here!



DHS Diamond Booster Club invites you to come and support our baseball teams. The schedules can be accessed from the Denton High School Home page, Click: *Athletics and then Baseball*. All the team schedules are available.

Please come and support Broncos Baseball!

~ Monya Satterfield

Counselor Updates

Quick THEA-Texas High Education Assessment

THEA will be offered again at Denton High School on Tuesday, April 28, 2009. Seniors need to register by April 21st with Mrs. Sherry Weatherley; the cost is \$30 per student.

Preview Day

University of Texas at Arlington will be hosting a preview day on March 28, 2009. Come to UTA campus for a tour, information sessions, and housing tours. Go online for more information at: www.uta.edu

Emerald Eagle Scholars

Covers tuition and fees to the University of North Texas for family incomes lower than \$40,000 annually. Deadline to complete paperwork and FAFSA is April 15, 2009. Must be a first year freshman and maintain a 2.5 GPA, while enrolling in 15 hours per semester.

Dual Enrollment

Interested in taking classes for dual credit at NCTC? Are you in the top quarter of your class? Contact Mr. Christopher Lydia, in the counseling office for more information regarding this great opportunity.

Maverick Promise

Covers tuition for family incomes of \$65,000 & lower to the University of Texas at Arlington. All paperwork and FAFSA applications must be submitted by April 1, 2009. Eligible to incoming freshman students for five years, transfer students for three years as long as the student maintains a 2.0 GPA and a minimum of 6 hours at UTA.

Cougar Promise

Covers tuition and fees to the University of Houston for family incomes of \$30,000 or lower. Financial aid paperwork must be completed by March 31st and submitted. Admissions paperwork must be posted by April 1, 2009. Students must be first time freshman and qualify to take 30 hours the first year and maintain a 2.5 GPA.

College.gov

Do you know of any high school students who could benefit from learning more about planning and paying for college? This website offers valuable tools for college planning. Take a

Texas Trial Lawyers Scholarship

This program is dedicated to assisting students who have proven the ability to do college level work, yet may not be able to obtain financial aid through traditional sources. These trueneed-based scholarships of \$1000 each are awarded to high school seniors statewide. The application must be postmarked by March 20, 2009 to be eligible for consideration. Go to www.ttla.com for the 2009 Texas Trial Lawyers Association Scholarship Application Packet. For more information, contact mfults@ttla.com. ~Doretha Hudspeth

Schedule Changes

Changes to Schedule Requests for the 2009-2010 school year may be made until March 13, 2009. We will not be taking schedule change requests after that time.

DHS International Dinner

Our annual **International Dinner** is scheduled for March 5, 2009. It will begin at 6:00pm and end at 7:30pm. We will have set-up beginning at 5:30 and clean-up from 7:30 until we finish.

This dinner is an incredible opportunity for the students to taste the food from the many different cultures represented at DHS. Being an IB school, this activity is a perfect way for the students to become engrossed in another culture, if only for a short time.

Students of a world language often do

not get authentic opportunities to live another culture, so come and enjoy the

food, the company and the entertainment. World language students will bring a dish from their chosen country to gain admittance and enjoy the evening.

Event: International Dinner Date: Thursday, March 5, 2009

6-7:30 [set-up 5:30-6; cleanup 7:30-8] Time:

Location: DHS cafeteria

Who: All world language students ~Cristina Galindo, Foreign Language Chair



Fillies Follies

The DHS Fillies present the 2009 Fillies Follies on April 16th & 17th at 7pm in the DHS Auditorium.

The Jr. Fillies Clinic will be held

April 11th from 9-12pm at DHS. This is a fundraiser to help support the Follies. Please bring a friend...ages from 3-14yrs. http://www.dentonisd.org/dentonhs/site/default.asp Go to the above DHS website, click on Clubs and then Fillies for the registration form.

Spring Jr. Fillies Clinic: Saturday, April 11, 2008 9am-12pm

> Late Registration 8:15am-9am Junior Fillie Registration Form-Spring

*Performance will take place at Fillies Follies The Fillies will be selling Red Wheel Pies and Braids in the month of March...for delivery April

9th...Just in time for Easter!

Please help support the Fillies. They are raising money for new uniforms...some old uniforms are over 30 years old!

~Beth Patterson





Junior Fillies are raising funds for new uniforms.

Fillies Booster

Meeting is

Thursday

March 5th

7pm

Lecture Hall.

Student Council Officers to Attend National



Leadership Conference

Will Hayes & Libby Knight

Will Haves, President, Libby Knight, Secretary, and Kate Morales, Fundraising Chair, are 3 of 600 student leaders scheduled to attend the Leadership Experience and Development (LEAD) conference held February 27th to March 1, in Chicago, Illinois. The LEAD conference

is hosted by the National Association of Secondary School Principals (NASSP), which administers the National Association of Student CouncilsTM.

These students will attend workshops on improving leadership skills, problem solving, student project planning, and student activity program development. In addition, these students will participate in special sessions presented by popular motivational speakers. Beth Hughes, one of the DHS Student Council Advisors, will accompany the students.

"The LEAD conferences offer talented young people from across the country the opportunity to hone their leadership skills in order to make a difference in their schools and communities," said Dr. Gerald N. Tirozzi, executive director, NASSP.

For more information about this conference, NASSP, or education issues, contact Shana Kemp, Public Relations Advocacy Manager at (703)-860-7344 or kemps@principals.org.



Joanna Ceja

DHS Band

Joanna Ceja, a DHS junior percussion player, has advanced to the Texas State band! There is only 1 percussion All-State representative from this area every year, and only 7 in the entire state. DHS has had one percussionist representing the school in 1975, 2004, 2007, 2008, and 2009.

For 2009-2010, Mr. Wilson, the Director of Bands, estimated that he will have 14 seniors, 25 juniors, 19 sophomores, and 43 freshmen, with as many as 15-20 Color Guard. Denton Fusion (Color Guard from Denton and Ryan HS combined) visited Calhoun and handed out 15 flyers to interested students there. The Wind Ensemble will visit McMath and Calhoun later this month, and Denton Fusion will visit McMath as well. If your son or daughter is interested, keep in mind that those in Color Guard get PE and Fine Arts credits for participating. Contact Mr. Wilson for more information.

Mr. Wilson is also trying to put together a Band Olympics (field day for band students) at Eureka Park this spring. This would include all 3 Denton high schools and might involve several middle schools as well.

The Band is getting ready for spring break which means a cruise to Mexico! This trip is a 5-Night Cruise to Cozumel, and Progreso Yucatan, Mexico onboard Carnival Cruise Lines M.S. ECTASY.

Soccer Boosters

The Denton High School Soccer Boosters have just completed a search for a new logo for our T-shirts and sweatshirts. The winning design was entered by Crista Sitton. Congratulations, Crista, and thanks for the design.

Due to the construction, we can't use the snack bar to make money to help support the soccer program this year. We are hoping to have donated, or borrow, a small, enclosed utility trailer for our cotton candy machine and snow-cone machine to substitute for our snack bar for now. Any size from 4' X 6' to 8' X 10' would be wonderful. Remember, any donation to the program is tax deductible. If you can help, please contact me at eggstras@msn.com.

~Avon Cline, President (940-387-5493) Denton High School Soccer Booster Association

Latin Competition

The Junior Classical League [Latin club] had its Area Latin competition in Garland last weekend and our students all took prizes! Out of 600 competitors, we made quite a showing! The following students brought home awards from Area C Latin Competition: Bill Atkinson- 4th Place, Mottoes Level IV 10th Place, Mythology Level IV Kris Carmona- 1st Place, Greek Life and Lit II:

2nd Place: Models – for his Roman Shield; 9th Place, Mythology Level II Christine Ryu- 2nd Place, Advanced Grammar Level III

Julia Moen – 10th Place, Advanced Grammar Level III

~Sarah Hustwit, Latin Teacher



Caught on TASK Winner!

Kala Hall, DHS Spanish teacher, won an MP3 player to use for podcasting with her classes in the district program: Technology Accelerating Student Knowledge (TASK).

Kala Hall



Julia Moen & Christine Ryu



Bill Atkinson & Kris Carmona



Nutritional "Smart Swaps"

Check out <u>Eat This</u>, <u>Not That</u> by <u>David Zinczenko</u> <u>-</u> or his website eatthis.com. Find smart swaps, survival strategies, and complete nutrition information of all your favorite restaurants, fast foods, and supermarket items.

One of his many tips: Cornell researchers have discovered a "health halo" at Subway, which refers to the tendency to reward yourself or your kid with chips, cookies, and large soft drinks because the entrée is healthy. Avoid the halo and all will be well.

Another book <u>Hungry Girl</u> by Lisa Lillian or her website HungryGirl.com. has great ideas and recipes for those who cook . Her TOP Calorie-Saving Cooking Swaps:

- 1. Nonstick cooking spray instead of oil (for stovetop cooking)
- 2. Canned pumpkin instead of eggs & oil (for baking)
- 3. Light vanilla soymilk instead of milk or cream
- 4. Fat-free liquid egg substitute instead of eggs
- 5. No-sugar-added applesauce instead of butter
- 6. Ground-beef-style soy crumbles instead of ground beef
- 7. Splenda No Calorie Sweetener (granular) instead of sugar
- 8. Butternut squash instead of potatoes

Take a family approach. Just as the waistline of the average adult American is expanding at a belt-breaking rate, so too are those of this country's youth. Eating healthy is a lifelong plan not a temporary diet.

~Cindy Yousko, RN, School Nurse

International Baccalaureate Update

Diploma Programme-DHS IB Students attend IB College Night and IB Applications for 2009-2010

January 26, current IB Diploma Candidates and their parents traveled to Hurst, TX, to attend an IB College Night. Hurst, Euless, Bedford Independent School District hosted this annual event. The HEB ISD invited area IB World Schools and their students. Over thirty colleges and universities from the United States and Canada were present. DHS IB Diploma Programme Candidates were able to speak to university representatives and identify entrance expectations and discuss financial needs, assistance and/or waivers offered. DHS students returned with a wealth of college information and opportunities available to them.

Enrollment is underway for the second IB Diploma Programme class. Students have returned their completed IB Diploma Programme Applications. Student applications will be reviewed then appointments will be established to discuss IB opportunities and programme expectations. Students may still submit IB Diploma Applications, just come by the IB Office (rm. 121) and pick up an application and establish a deadline for submission with Dr. Singletary.

As every eighth grader in Denton ISD went through the course selection process for their 9th grade classes for next year, they also heard about the IB Diploma Programme at DHS. The presentation included an overview of the two-year IB Diploma Programme, classes, expectations and opportunities. Students from many middle schools completed Interest Forms expressing their interest in IB. More IB communications will be made to these interested students and their families.

Middle Years Programme-Application B Accepted and Authorization Team Visit Dates Established!

The submitted IB MYP Application B has been accepted by the International Baccalaureate of Americas office in New York. Application acceptance letters were received by Calhoun Middle School and Denton High School. Each campus will prepare requested documents to be presented to the IB Authorization Team. The IB Authorization Team will visit Calhoun Middle School and Denton High School May 14 and May 15, respectively. As with the DP Authorization Team visit district level representatives, campus administrators, and staff will be interviewed at each campus. Stay tuned for campus level meetings in preparation for the latest IB Authorization Team visit!

~Lynn Singletary, IB Coordinator

State President Candidate

DHS Student Council has a 2009-2010 candidate for the Texas Association of Student Council's state president. The student representative for DHS is junior Will Hayes. The state convention is March 29-31st at Arlington Our platform is *Think and Work Outside of the Box: International Aide.*



Will Hayes

DHS will perform a seven minute skit highlighting the platform in front of over 4,000 students from all over the state in addition to hosting a campaign booth, and participating in a question and answer forum. To find out more information about the campaign, visit the DHS Student Council website. ~Beth Hughes, Student Council Sponsor

'FIT IT ALL IN' Your Schedule!

Join the DHS Counselors for a

Four Year Planning Seminar-DHS Lecture Hall Monday, March 30, 2009 from 6:30-7:30pm

This seminar is for you if your student:

*wants to pursue more than one college/career goal

*plans to take a double-blocked program (i.e. Athletics and/or ATC classes)

*plans to take PLTW Engineering, Auto Technology or Cosmetology (these require more time commitment than other ATC programs)

*plans to commit to multiple programs for 4 years

(ie. Fine Arts, ROTC, Cheerleading, Dance/Fillies, etc.)

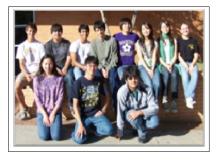
*is pursuing college credits while at DHS through the IB Program

*simply needs help with 4 year planning

Contact: Ellen DiMarco, 940-369-2254- (RSVP REQUESTED!)

Math Club

Math Club has been busy. January 10th found Math Club at the Flower Mound UIL Invitational Meet. The competition was exciting and included schools from Highland Park and as far away as El Paso. Trevor Davila captained the DHS Math Team by earning a 1st place in 11th Grade *Division* and 9th



place overall for Number Sense. On February 6th the DHS Calculus Team traveled to UT Arlington to compete in the 9th Annual Calculus Bowl. The Calculus Bowl is a timed Jeopardy like competition with teams buzzing in their answers.

(Continued on next page)

The DHS Team finished in 6th place with a total of 24 teams from both public and private schools around the DFW area competing. A great time was had by all. Team members this year were Trevor Davila, Clarissa Root, Sylvia Li, Lee Chen, and Jesse Valencia. Saturday, February 7th found Math Club at Ryan High's UIL Invitational. Again, the competition was exciting with schools from all over North Texas attending. Trevor again captained the DHS effort with an overall 3rd place finish in the large school Number Sense Competition. Tuesday, February 10th was truly an exciting day for the Math Club when for the first time in DHS history, we participated in the American Mathematics Competition. The AMC test is a very challenging first round selection process for the United States Math Olympiad Team. We're still waiting on the final scoring to see which individuals have advanced to the round two AIME (American Invitational Math Exam) scheduled for late March. ~Fred Mueller, Sponsor

Congratulations ATC Students!

Students in the Texas Public Service Association went to regional competition on January 31st. The students in the organization attend the ATC and are made up of students from all three Denton ISD schools, Lake Dallas and Aubrey High Schools. They placed in the following areas:



Kaitlyn Lesly and Victor Figueroa placed 3rd in Felony Traffic Stop; Kaitlyn Lesly and Gage Beaty placed 3rd in Building Search; Lucero Morin, Hilda Flores and Marcos Torres placed 3rd in Forensic Investigation; Gage Beaty and Melody Robertson placed 3rd in

Defensive Tactics; Byron Canulla placed 3rd in Extemporaneous Speaking and 2nd in Extemporaneous Opening Statement; Analuisa Aguilar placed 1st in Miss TPSA; Miriam Flores placed 1st in Fingerprinting. Susan Beggs placed 1st in Traffic Accident Report. Students came home with 9 trophies and all students will progress to the State Competition at Texas State University in April. ~David Fears

Academic Decathlon

The 2009 Region VIII
Medium Schools Academic
Decathlon Meet was held at
Central High School in
Keller, Texas. Denton High
School results: Team
Awards Team Rank: 6th
PlaceSilver: Super Quiz
Combined Written & Relay
Bronze: Super Quiz Relay
Lee Chen: Silver: Math
Honors Team. Bronze:



Math Overall. Christopher Burke: Gold: DHS Honors Team Award, Silver: Language & Literature Overall, Silver: Language & Literature Honors. Francisco Taboada: Honors Team Member. Brittany Hamilton: Gold: DHS Scholastic Team Award, Bronze: Super Quiz Scholastic. Natalia Palamino: Silver: Language & Literature Scholastic, Bronze: Language & Literature Overall. Dinora Padilla: Silver: SI Scholastic. Philip King: Gold: DHS Varsity Team Award, Gold: Math Varsity, Silver: Music Varsity. Brenda Flores: Silver: SI Varsity. Spencer Eagleton: Varsity Team Member. Garrett Haupt: Alternate Team Member. Mardi Haag: Alternate Team Member.

UIL Ryan Academic Meet

Congratulations to the following students and their coaches at the UIL Ryan Academic Meet on February 7, 2009.

Trevor Davila 1st Place Computer Science, Barry Wagner Trevor Davila 3rd Place Number Sense, Fred Mueller Patrick Burke 1st Place Social Studies, Michelle DeAngelo Amy Dierforf 3rd Place Feature Writing, Marilyn Stevens ~Carol Hyatt, UIL

Senior/Junior Class Yard Sale 2009

The classes of 2010 & 2011 are joining forces to raise money for the 2010 Prom.Start saving your unwanted, usable items for this year's yardsale in August. We'll be holding it in the DHS Cafeteria.

Watch for future announcements! ~Michelle DeAngelo, Sponsor

Denton Writes 2009

Denton Public Library's -2nd Annual Creative Writing Contest Enter now through March 31, 2009 by emailing your work as a Word doc. attachment to:dentonwrites2009@gmail.com. Winners will be announced May 4, 2009 and will be featured in American Library Association Read posters and displayed at all 3 branches. A congratulatory reception will be held in mid-May to present the winners, their work and their posters.

Adult and Teen (7th - 12th grade) Writing Categories

- o Fiction 1000 4500 words (literary or genre)
- o Flash Fiction 100 300 words
- Non-Fiction Articles 350 -750 words
- o Children's Literature 1000 4500
- Personal Essay 500 2500
- Poetry Free Verse or Format (poet stated) line count 5 - 50 max

North Branch 3020 North Locust Denton, TX 76209 940.349.8752

Denton High School offers an English class to parents for free!

Come Thursday from 5:30-7:00 to room 105 in the front of the school or call 940-369-2218.

If that schedule isn't good for you, call (940) 369-0091 for information about classes at other locations.

iSe ofrece una clase de inglés para familiares de estudiantes, y es

gratis! Venga el jueves de 5:30 a 7:00 a salón 105 al frente de la escuela o llame a 940-369-2218. Si ese horario no le conviene, llame (940)369-0991 para información sobre clases en otros lugares.

