

Denton High School

"In the Ultimate Pursuit of Excellence in Education"

AN INTERNATIONAL BACCALAUREATE WORLD SCHOOL

DHS PTSA Newsletter

1st Six Weeks Edition

October 2010

DISD—Denton High School 1007 Fulton Street **Denton, TX 76201** Ph: (940) 369-2000 Fax: (940) 369-4953 www.dentonisd.org

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Red Ribbon Week

25th-29th

Muncy's Message

"Greetings, Bronco Nation!"

Our first six week period is coming to a close and the new school year has proven to be an exciting one. Our enrollment is hovering around 1750 students with increased participation in every activity on campus. It does my heart good to see our kids involved in campus based organizations. Remember, a busy kid is a good kid!

Our 2010 Homecoming celebration was second to none. The carnival was great as usual. Renaissance and Student Council do an excellent job setting up and organizing this event and it is enjoyed by all. Our pep rally was one of the best I've witnessed and of course, the football game could not have been any more exciting. To close the weekend, an estimated 1200 students gathered at UNT for the homecoming dance, "Lights! Action! Broncos!" What a great weekend.

At DHS we are experimenting with a new approach to teacher collaboration time – Professional Learning Communities (PLC's). Every three weeks, PLC's will meet giving our teachers time to collaborate on successful teaching strategies as well as common assessments and academic vocabulary. We will work with various staging places for our students during this time throughout the year. At the end of each six week period, we will have an open campus from 8:50 a.m. to 9:50 a.m. for those students that are passing their classes and tutoring time for those that may need a little help. Letters have been sent home explaining the PLC's and we hope it has a positive impact on our academic achievement.

Please know that you are always welcome to our campus. We ask however, that if you intend on visiting your student's classroom, you need to give the teacher 24 hours notice prior to your arrival. If you need to conference with a teacher, please check in with the receptionist and have her contact the teacher. If available, the teacher will come to the front and meet with you there. If you need to set up a conference, please call 940-369-2000 and have Mrs. Beckmann transfer your call to the teacher with whom you wish to visit.

It's been a great beginning to the 2010-2011 school year and as always, we appreciate your support and thank you for the opportunity to work with your child. Darrell

PTSA Staff Appreciation

Thanks to the folks at Fuzzy's Taco Shop for taking such good care of our faculty and staff at the May luncheon. The tacos, beans and rice were consumed with gusto! If you have never been to Fuzzy's, check them out at 115 Industrial in Denton. They'll take good care of you and your appetite,

A "thank you" to our volunteers, who donated dessert and fruit to the PTSA Back to School Luncheon. As ever, the treats were enjoyed and appreciated!

- Heidi Klein, Chairman

Attention Bronco Volunteers!

Please remember to submit your volunteer hours as you accumulate them by going to: http://www.dentonisd.org/dentonhs/site/default.asp Click on the DHS Volunteer Database 2010-2011 and enter the number of hours you have volunteered. Remember to give yourself credit for any travel time, shopping time, baking time and all of the hours you might have spent with Homecoming preparations. Thank you for making a difference! GO BRONCO Volunteers!!! -Sully Saucedo, DHS-PTSA Volunteer Coordinator

Fundraising Made Easy

Do all your online shopping and book vacations through the Onecause.com (formerly Schoolpop.com) and a percentage of your purchase will be credited back to DHS. Just go to site, follow the prompts to join now, enter your information, and when you get to the organization page, click DHS PTSA. That simple!

ALBERTSONS and KROGERS--Both Albertsons and Krogers will donate a portion of all your purchases. Just contact Loyce Wilson (lkwilson@charter.net / 940-367-3302) to get your code to register at each store.

TARGET--Sign up for Target Visa, at the store or online, designate DHS as the recipient, and we will receive 1 % of your purchases.

Funds generated from these programs are used to support the needs of our teachers, staff and students.



Used Book Donations Needed

Book Cents Used Book Sale will begin taking donations at DHS starting Oct. 1. There will be collection boxes in the main office and the library. Any gently used hardbacks and paperbacks will be accepted. The sale will be Feb. 24-26 at the Denton Civic Center. Please donate to help DISD libraries!

The goal of the book sale is to promote education through reading and recycling. Proceeds benefit DISD libraries as well as provide college scholarships to DISD students and more.

- Janell Trachta, PTSA VP and Carolyn Bason, DHS Librarian



PTSA Arts in Education

Attention Students! The PTSA Arts In Education Program will kick off at the beginning of October. The theme for this year's contest is "Together we can...". Start working on those stories, paintings, drawings, films and photos now! Entries will be due to the PTSA by November 3rd. Look for announcements about the required forms, submission procedures and other information to be coming soon! Questions? Please email Susan Seaborn at susan_seaborn@yahoo.com



DHS Nurse Notes - Meningococcal Meningitis

The Texas School Nurse Organization has joined the National Association of School Nurses' Voices of Meningitis campaign to help raise awareness about meningococcal disease and encourage vaccination for preteens and teens. Anyone can get meningococcal meningitis, but preteens and teens are at greater risk and five times more likely to die compared with other age groups.

Health officials recommend vaccination for preteens and teens 11 through 18 years of age and college freshmen living in dormitories. In Texas, only 37% of adolescents between 13 and 17 years of age have received the meningitis vaccine, which is far from the Centers for Disease Control and Prevention's goal of a 90% immunization rate. For more information go to www.VoicesOfMeningitis.org.

This year the state of Texas required all 7th graders to get the Meningitis (Menactra) vaccination in order to register for school. Because it has not been required for the upper grades, most of them have not received the shot. Please talk with your health care provider about getting your child protected.

I will need a copy of the official record including the date the shot was received, to update your student's immunization record at school. For questions please contact me at 940-369-2021 or email me at cyousko@dentonisd.org.

- Cindy Yousko, BSN, RN, DHS School Nurse



College Information

UT Deadline 2011: If you are planning on attending UT the application deadline has been moved up to December 1, 2010. If all materials are in test scores will be accepted until December 31, 2010. Please apply early !!

SFA Showcase Saturday: Stephen F. Austin University will host a showcase on Saturday, November 13, 2010 from 1-5 pm. Tour campus, speak with academic representatives, visit housing facilities, and find out about scholarships. Email: admissions@sfasu.edu.

Texan Tour: Tarleton State University will be holding its college preview day November 6, 2010. This will be a great opportunity to tour the friendly campus. www.tarleton.edu

Aggieland Saturday: Texas A & M University will host Aggieland Saturday on February 19, 2011. This is a great opportunity to learn about the rich traditions and culture of Texas A & M. Register online: www.tamu.edu/aggiesaturday/

Bobcat Days: Texas State University will host Bobcat Day for Prospective students on October 16th or November 13th, 2010. Information sessions & campus tour. Register at: www.admissions.txstate.edu.

Mustang Rally: Midwestern State University will be hosting their college preview day on November 6th. Register online: http://admissions.mwsu.edu.

Scholars' Day at UTD: The University of Texas at Dallas will be sponsoring an event for students to tour the campus and meet with faculty on November 20, 2010. This event will as well waive your \$50 admission fee if you apply while you are on campus that day. Register online at: http://utdallas.edu/enroll/forms/scholars/.

UNT Preview: University of North Texas fall preview is scheduled for November 6, 2010. Register at www.untpreview.unt.edu.

TWU Open House: Come visit TWU this fall, October 23 or November 20. Tour campus & talk with staff. Register at www.twu.edu.

Changes to Graduation Plans: What Denton ISD is Doing

The Texas Education Agency recently updated graduation requirements in the state of Texas. These new requirements include the 4 by 4 taking four years of all core subjects in high school English, math, science, and social studies. The changes to the graduation plan in Denton ISD are that health and technology credits are now recommended but not required. For a list of all graduation requirements visit your Denton ISD website.

Communities in Schools & 21st Century

Students do you need help with tutoring, making up attendance hours, or applying to college? DHS houses two great programs that can assist you with just that. Contact: Stephanie Sutton 940 369 2080 or Niki Perkins 940 369 2024 if you want to learn more!



Scholarships Grades Nine to Twelve

VFW Voice of Democracy Contest: Students in Grades 9-12 can enter this national audio essay where participants record their essays on an announced patriotic theme. Awards from \$1,000 to 16,000. For info: www.vfw.org (click on programs)

Education Matters \$5k Scholarship: Students in grades 9-12 and enrolled in post -secondary education by 2014. Must complete an online scholarship profile at http://Scholarshipexperts.com & submit an essay on "What would you say to someone who thinks education doesn't matter, or that college is a waste of time and money". Deadline: October 31, 2010

AXA Achievement Scholarship: Senior students with ambition, drive & determination to reach goals. Commitment to family, self and community. \$10,000 awarded to 52 students. Deadline 12/15/2010 www.axa-equitable.com

"Top Ten List" Scholarship: Students in grades 9-12 who will be enrolled in an accredited, post-secondary education no later than fall 2014. Students must submit "Create a top ten list of the craziest or most unique scholarships you have heard of" and briefly describe each scholarship. Note: The awards may be real or fictional. Apply at www.scholarshipexperts.com Deadline: December 31, 2010.

TCU Texas Youth Entrepreneur of the Year Awards: Students in grades 9-12 who have started and managed a business. Must live in Texas and currently be enrolled in high school. Top award is \$5,000 and 5 \$1,000 scholarships. Deadline to apply is November 1, 2010. Apply at www.tcuveva.org

Horatio Alger Texas Award: High school senior planning to attend college next fall. Have a strong commitment to pursue a bachelors degree. Critical financial need (family income generally \$50,000 or less). Involvement in extracurricular and community service. GPA 2.0 or higher and citizen of the United States. Deadline: 10/30/2010. www.horatioalger.com



It's Career Assessment time at DHS

It's Career Assessment time at DHS. This fall, 9th, 10th, & 11th graders will be given computerized career assessments. The goal is to provide our students with a different assessment each year to cause them to refocus on career goals, college majors, and the high school portion of their Texas Achievement Plan (4 year plan). This can help them tremendously with high school course selection in the spring. Recommendations:

Take electives that help you narrow down future career goals/college majors.

- Eventually narrow your majors down to 2 or 3.
- Choose a college based on which college offers both or all of your majors. This will save you and your parents/guardians time & money. If you have a talent you wish to pursue in college, i.e., a fine art or sport, consider whether the college offers this as well.
- Use eDiscover to research careers and college majors as well as to help determine which colleges offer your major. To learn more about what Discover offers and how to login: go to the DHS website, go to my page (Kimberly Keith) under staff, and click on the Discover Link.



Important Dates to know

Individual Senior Meeting dates with Counselors: October 14 thru October 29, Seniors will be called down at their assigned time.

PSAT: Given to 10th and 11th graders on October 13th; also 9th grade given a preliminary, unofficial test at that time.

GForce: UNT volunteers will be in the Counseling office every Tuesday afternoon from 1PM to 4PM to assist students with various college preparation, registration, and applications.

ACT testing dates: 10/23/10 (DHS site available), 12/11/10, 2/12/11, 4/09/11 (DHS site available), 6/11/11

SAT testing dates: 10/9/10, 11/6/10 (DHS site available), 12/4/10, 1/22/11, 3/12/11, 5/7/11 (DHS site available), 6/4/11. These tests have registration deadlines and late registration deadlines with late fees, so be sure to plan ahead! This information is available in the DHS Counseling Office.

North Central Texas College

Located in Corinth, Bowie, Gainesville, and Graham, Texas is a great place for students to take dual credit classes, earn associate degrees, get their "basics" or participate in lifelong learning opportunities. Visit NCTC online to learn more at www.nctc.edu

"Battle of the Volt" Canned Food Drive

The "Battle of the Volt" can competition will begin Monday,



October 4th and will continue until Friday, October 22nd at NOON. We will not be collecting cans at the game this year or during the pep rally so make sure you bring your cans ahead of time. All food will be donated to Vision Ministries in

Denton. Thank you for your support in this school-wide community service project! Let's make sure we CAN RYAN!!

- Beth Hughes, Student Council Advisor

DHS Student Support Services

Denton ISD has long recognized the relationship between academic success and emotional well-being. When students are experiencing significant life stressors, learning may not be their first priority. In response to the growing social and emotional needs experienced by our students, Denton ISD utilizes Student Assistance Counselors on all secondary campuses.

The role of the Student Assistance Counselor is to provide crisis intervention, psycho-educational counseling services and referrals to community counseling agencies when necessary. The goal of the Student Assistance Counselor is to identify and resolve issues significantly impacting a student's success in the classroom. Referrals to the Student Assistance Counselor can be made by teachers, administrators and parents; however students most often refer themselves.

Student Assistance Counselors meet with students individually and/or in group settings during the school day. Students are responsible for making up any missed school work and are not permitted to attend group if they are currently failing the class during which group is held. All students must have a signed pass to be seen by the Student Assistance Counselor.

The Student Assistance Counselor at Denton High School is Kati Willis, LPC. Miss Willis has been a Licensed Professional Counselor for ten years. She has extensive experience counseling adolescents, adults and families in private practice. This is her fourth year at DHS and her 6th year in a school setting. Please contact Miss Willis for further information - she can be reached at (940) 369-2180.



Homecoming Court Nominees and Winners

Congratulations to all those who ran for Homecoming court. Here is a list of this year's nominees and the DHS Homecoming court:

Senior King: Parker Lawson

Nominees: Alex Moreno, Cory Stoneburner, Denzell King,

Isaac Johnson, Trent Owens **Senior Queen:** Monica Huckaby

Nominees: Erica Flores, Gladys Moreno, Holly Robinson,

Lauren Featherstone, Markeisha Joyner Senior Jester: Tony Quintanilla
Nominees: Chris Moore, Eric Jacobson
Junior Prince: Harrison Hawkins
Nominees: Gevonte Maple, Jozey Jezek
Junior Princess: Cassandra Lewis
Nominees: Loren McBride, Sarae Ellis
Sophomore Duke: Faiyaz Jeelani
Nominees: Nico Cortes, Taylor Wooten
Sophomore Duchess: Ellen Goetz
Nominees: Kasey Finley, Kendall Wagner
Freshman Lord: Michael Husbands

Nominees: Brooke O'Donnell, Taryn Scott

Nominees: Brian Zellmer, Davonte Levy **Freshman Lady:** Bobbie Rowland

Some of the Fun at the Homecoming Carnival



Student Council hosts the student body vote for the Homecoming court during the carnival on September 17th.



Janet McDaniel and Ben Moturi's Special Education Department's adapted life skills students display their skills with homecoming theme decorations in the SPED hallway.



Coach Maxey earns bit bucks for Student Council in the dunking booth!

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More Fun at the Homecoming Carnival



Juniors Chinwe Watkins, Hannah Miller and Gina Green sell bottled water for the International Baccalaureate program at the Homecoming Carnival.



Don't Forget to Purchase Your Yearbook

Don't forget to purchase your yearbook. The early deadline has passed, but up until the Thanksgiving Break yearbooks may be purchased for just \$60.00 with the \$10.00 coupon found in Mr. Bogomol's room (207).

Senior parents don't forget to purchase that special ad for your student. Please contact Mr. Bogomol for current information on pricing at 940-369-2150. First deadline is October 5th for senior ads, although they will continue to be available for purchase until the end of October.

Parents, you may submit any DHS-related photos you have online. You can access the direct link from Mr. Bogomol's webpage.

- Gregory Bogomol, Yearbook Advisor

NEWS

The Denton High School Journalism
Department has started a new
venture with their online
newspaper. The paper can be found
at www.dhshorseshoe.com. Also be
looking for the print newspaper
in the coming weeks.

Bronco Band Update



The DHS Bronco Band has been working hard since the first week of August, and will continue their rigorous schedule of marching practices as well as performances at football games and marching competitions until the middle of November.

On Saturday, October 2nd, they hosted their 7th annual Golden Triangle Classic marching competition, involving 30 participating bands from surrounding areas, at the C.H. Collins Stadium. This was an all-day event and a major fundraiser for the Band, and many parents and students generously contributed their time, energy, and financial resources in order to make it a huge success. MANY THANKS to all of you who were involved--your efforts are greatly appreciated!

The Band students will also be participating in the Region 2 UIL marching competition at C.H. Collins Stadium on October 16th; a Class 3A-Area A marching competition on October 23rd; a "Sounds of the Stadium" event at UNT beginning at 6pm on October 26th; and the Centennial marching contest on October 30th. They will be selling poinsettias as a fundraiser, beginning the last week in October.

If you would like additional information about Band activities, please contact Brian Thurman, Booster President, at <a href="https://doi.org/10.2016/bit.201

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Orchestra News

The Orchestra Boosters welcome Tanya Schwoch to Denton High, and look forward to a great year of music.

Regional Orchestra Auditions and Taping for the All-State Orchestra will be held on October 30 at Ryan High School.

A free workshop for those auditioning for the All-State Orchestra will be held at UT Arlington on October 16. Preregistration is necessary: please call 817-272-5027 or email Dr. Clifton Evans (cevans@uta.edu) by Oct. 11.

In mid-October, DHS Orchestras will be selling delicious Red Wheel Pies and Breakfast Braids to help support the musical arts trip to Orlando, FL, this spring. Find an orchestra student and buy pies and braids for holiday entertaining and gifts.

A cool Car Wash will be held November 13 from 10 am to 1 pm at Firestone on University. Get clean and shiny, and help raise funds for the spring trip!

Keep current with Orchestra Booster events by visiting the Boosters website at:

https://sites.google.com/site/dhsorchestraboosters/

- Ivy Doak, Orchestra Booster Club President



Bronco Jr. Cheer Clinic October 9, 2010

Each cheerleader will receive a t-shirt, poms, light snack Each cheerleader will learn 3-4 chants and one dance Cost is \$20 per child if register before October 7, 2010; \$25 per child day of clinic

For more info go to Cheerleader's website for registration form: www.dentonisd.org/dhs

- Cristina Pollard, Cheer Coordinator & Coach



Chess Club News



Yes, with the 2010-2011 school year DHS now has a Chess Club. Student response has been fantastic, with as many as 20 students meeting in Mr. Mueller's room every Friday afternoon. Mr. Mueller said: "Every chess match is an educational experience. Students learn persistence,

strategy, patience and improve their skills every time they practice or play." Club members include beginners learning the game, as well as rated players with standing in the U.S. Chess Federation. All students are welcome. Mr. Mueller is Chess Club's faculty sponsor.

The club is honored to have Dr. Alexey Root as its advisor, chess instructor and mentor. Dr. Root is a former U.S. Women's Chess Champion, has written several books on the application of chess in education, and teaches the Chess in Education Program at the University of Texas at Dallas. More detailed background information for Dr. Root along with a list

of her books can be found at: http://lu.com/authors/AlexeyRoot.pdf.

On Friday, October 15th club members will be traveling to UTD to meet with the university's chess organizations: Chess Champions, International Masters, and Grand Masters. UTD offers many scholarships, including "full-ride" scholarships, for those accomplished at the game of chess and interested in pursuing their higher education goals at the university. Chess Club is looking forward to an active first year.



Soccer News

Parent/Player meeting to be held during the month of October regarding the upcoming soccer season, watch for flyer regarding date and time! Go Broncos!

- Debby Kennedy, Soccer Booster Club President



Advanced Technology Center

What does 650 lbs of batteries that put out 300,000 watts of electricity mean to the automotive engineering field? Well, when you add 7 Denton ISD ATC Engineering students, a group of Auto Tech students, numerous business partnerships, plus a few dedicated, creative ATC instructors, you get a world record for the fastest electric dragster in the 72 volt class. This baby goes from 0-60mph in less than 2 seconds flat!



DHS's very own Brandon Cristwell, Dylan Stiles, and Austin Featherstone were on the Engineering Design Team who developed the electrical system that has now been patented for this rear engine dragster. Additionally, this high school project was invited to attend the NHRA Fall Nationals at the Texas Motorplex and has been invited to the NASCAR race weekend at the Texas Motor Speedway in November.

Although the design team graduated from high school last year, we have another generation of ATC students who are tweaking the design and installing newer motors that should ensure that the Battmobile, as it has been nicknamed due to the fact that it is battery powered, will annihilate the overall world record - coming to a drag strip near you! We'll keep you posted.



Free/Reduced Lunch Program

Each year a new Free/Reduced Lunch form is required to continue receiving this service. The grace period ended October 5th and students will begin being charged if they do not have a new application on record. If you have questions, contact Mrs. Sutton at 940-369-2080.

Free Tutoring

Communities in Schools offers free tutoring, M-Th, 3:50-5:00 and during lunches. Tutoring is held in room 341 and the tutors are math and science majors from the universities, but all subjects are welcome. For questions or more information call Mrs. Sutton at 940-369-2080.

Aprender Inglés

Atención Padres: ¿Quiere usted aprender inglés o mejorar su comunicación en el idioma? Comenzaremos una clase para padres de estudiantes de DHS este otoño, una vez a la semana para una hora cada vez. Las clases serán gratis y habrá ayuda para todos los niveles. Para más información, se puede llamar a Sra. Sutton a 940-369-2080. ¡Gracias!



International Baccalaureate Info

There will be an International Baccalaureate Parent Meeting for current sophomores who are interested in entering the Diploma Program their junior year on Tuesday, November 16th at 6 p.m. in the DHS Cafeteria.

Texas Senate Bill 111 (2005) awards Texas seniors earning the IB Diploma with scores of 4 or better a total of 24 semester credit hours at any Texas public institution of higher education.

For more information, check out the DHS IB website at www.dentonisd.org/dhsIB or contact Beth Hughes at bhughes@dentonisd.org or at 369-2238.



Students Donate 150 Units of Blood



Students broke the campus record of units donated at its recent Carter Blood Care blood drive on campus. a total of 150 units of blood were donated to the blood center — 16 more units than the previous year.

Things to Remember



October 1st - Book Cents Used Book Sale will begin taking donations at DHS. There will be collection boxes in the main office and the library.



November 13th - Car Wash will be held from 10 am to 1 pm at Firestone on University. Get clean and shiny, and help raise funds for the Orchestra spring trip!



Please remember to submit your volunteer hours. See bottom of page 1 for info. Thank you for making a difference! GO BRONCO Volunteers!!!



November 3rd - stories, paintings, drawings, films and photos now! Entries will be due to the PTSA for Arts in Education. See page 2 for more info.



Please make sure your student's shot records are updated. For more info call 940-369-2021 or email Nurse Yousko: cyousko@dentonisd.org



Don't forget to purchase your yearbooks. The early deadline has passed, but up until the Thanksgiving Break yearbooks may be purchased for just \$60.00 with the \$10.00 coupon. See page 5 for more info.



Senior Yearbook ads will continue to be available for purchase until the end of October. Please contact Mr. Bogomol for current information on pricing at 940-369-2150.

Drug Disposal Day

Does your cabinet contain unwanted or expired medications? Throwing them in the trash could allow them to fall into the wrong hands or lead to accidental poisonings—and flushing them down the toilet is not the answer. We have a solution; bring your unwanted or expired prescription and over-the-counter medications to Denton Drug Disposal Day. This drive-thru event is free to all Denton residents. Please stay in your vehicle at all times and keep medications in their original containers.

What: Denton Drug Disposal Day

When: Saturday, Oct. 23—10 a.m. to 2 p.m.

Where: Professional Building at 3535 S. I-35 E., Denton (The building is located on the Denton Regional Medical Center campus.)

Who: Denton residents.

Details: To learn more, visit

www.dentondrugdisposal.com.

This event is brought to you by a partnership through the City of Denton Recycling Division, University of North Texas, Denton Police Department, and the Denton County Sheriff's Department.

Red Ribbon Week - October 25th - 29th

- Did you know that every day, 2,500 kids between the ages of 12 to 17 try a painkiller for the first time?
- Did you know that prescription drugs are the drugs of choice for 12 and 13 year old children?

Teenagers are abusing prescription medications at an alarming rate. Admissions in drug treatment facilities for prescription painkillers abuse and dependency increased more than 300% from 1995 to 2005. Obtaining these drugs is often as easy as opening the bathroom medicine cabinet. Codeine from mom's root canal, left-over muscle relaxers from dad's back injury, sister's old antidepressants, brother's ADD/ADHD pills and many over the counter cough/cold medicines pose a potential danger to your child. Here are some examples of the dangers that may be lurking in your medicine cabinet:

Painkillers – Vicodin, Tylenol with Codeine, OxyContin, Percocet Depressants – Klonopin, Nembutal, Soma, Valium, Xanax Stimulants – Adderall, Concerta, Dexedrine, Ritalin OTCs – Coricidin HBP Cough and Cold, Robitussin, Vicks Formula 44

70% of children aged 12 and older who abuse prescription painkillers say they got them from relatives and friends. Children assume these drugs are somehow safer than other drugs because they're so easily obtained and are prescribed by a doctor. They often underestimate the dangers associated with abusing these drugs.

Know the Facts:

- ✓ Abuse of OTC cough and cold medications can cause blurred vision, nausea, vomiting, dizziness, coma, and even death.
- ✓ Stimulant abuse can lead to hostility, paranoia, heart failure, and death.
- ✓ When abused, depressants and painkillers impair motor skills, judgment, and ability to learn, which increases the risk for injury.
- ✓ MIXING THESE DRUGS CAN CAUSE RESPIRATORY FAILURE AND DEATH!

Here's what you can do to address this issue in your home:

- 1. Safeguard all drugs/medicines. MONITOR quantities and CONTROL access.
- 2. Set clear rules for teens about ALL drug use, including the importance of NOT sharing medicine and always following the prescription label.
- 3. Be a good role model by following the labels on your own medications.
- 4. Properly dispose of old or unused medicines.
- 5. Ask friends and family to safeguard their prescription drugs as well.

To learn more, visit http://theantidrug.com or call 1-800-788-2800.



Fall Tutorial Schedule - October TAKS Testers

Date	Subject	Teacher / Location	Time		
October 12	Science	Greb / RM 253	4p – 5:30p		
October 13	Science	Cafeteria	4p – 6p		
October 14	Odessyware	RM 134	8:15a -8:45a		
October 14	Math	Nelson / RM 223	4p -5:30p		
October 16	Math	Bott	9a – 12p		
October 16	Science	McMinn	9a – 12p		
October 19	TESTING / ELA				
October 20	TESTING / MATH				
October 21	Odessyware	RM 134	8:15a - 8:45a		
October 21	TESTING / SCIENCE				
October22	TESTING / SOCIAL STUDIES				

For tutorial information please go to:

http://www.dentonisd.org/521203410287770/site/default.asp? 521Nav=|&NodeID=13672

Or contact Mr. Brian Massegee at:

bmassegee@dentonisd.org