

**Annual Health Services Prescription**  
**Physician/Parent Authorization for Anaphylaxis Management**

\* This form is to be renewed at the beginning of each school year  
For children with multiple severe allergies, use one form for each allergy.

ALLERGY TO: \_\_\_\_\_

Student name: \_\_\_\_\_ Grade: \_\_\_\_\_ DOB: \_\_\_\_\_

Parent name: \_\_\_\_\_ Phone (H): \_\_\_\_\_ (W) \_\_\_\_\_

Physician name: \_\_\_\_\_ Phone: \_\_\_\_\_ Hospital: \_\_\_\_\_

Asthmatic? Yes (High risk for severe reaction) ☐ No ☐

**Systems**

**Possible Symptoms:**

<b><u>MOUTH</u></b>	<i>itching &amp; swelling of the lips, tongue, or mouth</i>
<b><u>THROAT*</u></b>	<i>itching and/or sense of tightness in the throat, hoarseness, &amp; hacking cough</i>
<b><u>SKIN</u></b>	<i>hives, itchy rash, &amp;/or swelling about the face or extremities</i>
<b><u>ABDOMIN</u></b>	<i>nausea, abdominal cramps, vomiting, &amp;/or diarrhea</i>
<b><u>LUNG*</u></b>	<i>shortness of breath, repetitive coughing, &amp;/or wheezing</i>
<b><u>HEART*</u></b>	<i>"thready" pulse, "passing-out"</i>

The severity of symptoms can quickly change. **\*All above symptoms can potentially progress to a life-threatening situation. Do not hesitate to call 9-1-1!**

**TO BE COMPLETED BY THE PHYSICIAN**

The parent/guardian of the above named student has notified the school that this student has a potentially life-threatening allergy and will require oral medication or an EpiPen® at school, in the event of an emergency. Please complete this form based on your records and knowledge of this student and sign in the space provided.

**Action Plan for Known/Suspected Sting (Bite)/Ingestion/Inhalation**

**Parent must provide any medication needed for anaphylaxis management: Location of medication:**

☐ **ACTION FOR MINOR REACTION** ☐

Probable symptoms for this student include \_\_\_\_\_

1) Administer \_\_\_\_\_  
Medication/dose/route

2) Contact Parents or emergency contacts.

\*If condition does not improve within 10 minutes, follow steps for Major Reaction below.

☐ **ACTION FOR MAJOR REACTION** ☐

Probable symptoms include \_\_\_\_\_

1) **IMMEDIATELY!** Administer \_\_\_\_\_  
Medication/dose/route

2) Call 9-1-1 & tell them it is life-threatening.

3) Contact Parents or emergency contacts.

4) Contact Physician.

**FOR SELF-ADMINISTRATION ONLY**

Does this student have physician permission to self-administer this medication and to carry this medication on himself/herself?

Yes\_\_\_\_ No\_\_\_\_

Has this student been trained in the signs and symptoms of minor and major reactions? Yes \_\_\_\_ No\_\_\_\_

Is this student capable of self-administering EpiPen®? Yes\_\_\_\_ No\_\_\_\_

Can this be safely self-administered in the school setting? Yes\_\_\_\_ No\_\_\_\_

Does this student need the supervision of a designated adult? Yes\_\_\_\_ No\_\_\_\_

Has the student been trained in the self-administration of the EpiPen®? Yes\_\_\_\_ No\_\_\_\_

Physician's Signature: \_\_\_\_\_

Date : \_\_\_\_\_ Physician's Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Address \_\_\_\_\_ Fax \_\_\_\_\_

**To be completed by the parent**

Location of oral medication : \_\_\_\_\_ Location of EpiPen®: \_\_\_\_\_

I, the undersigned, parent/guardian of \_\_\_\_\_ request that an oral medication or EpiPen® be administered to my child, as prescribed by the physician. I understand that the school administration will designate trained staff to perform this procedure. It is my understanding that in performance of the procedure, the designated person(s) will be using a standardized procedure that has been approved by the physician. I will notify the school immediately if the health status of my child changes, I change physicians, or the procedure is canceled or changed in any way. I also give my consent to release medical/health records and permission for appropriate school staff to contact the physician/health care provider for additional information if needed.

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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### FOR SELF-ADMINISTRATION ONLY

I, the parent/guardian of \_\_\_\_\_ request that he/she be allowed to self-administer the oral medication or I understand that the school administration will designate trained staff to monitor the procedure. It is my understanding that in performing this procedure my child will be using a standardized procedure that has been approved by the physician.

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

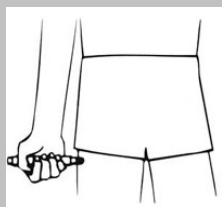
### EMERGENCY CONTACTS

- |          |                 |                     |
|----------|-----------------|---------------------|
| 1. _____ | Relation: _____ | Daytime phone _____ |
| 2. _____ | Relation: _____ | Daytime phone _____ |
| 3. _____ | Relation: _____ | Daytime phone _____ |

### FOR OFFICE USE ONLY

#### How to Use an Epinephrine Auto-Injector

1. Pull off gray safety cap
2. Place black tip on outer thigh (always apply to thigh)



3. Using a swing and jab motion, press hard into thigh until Auto-Injector mechanism functions. Hold in place and count to 10.
4. Remove and bend needle back on hard surface. Place back in plastic tube and send EpiPen ® with patient to hospital.

#### MEMBERS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_