

# **Fred Moore Day Nursery School**

## **Operational Policy on Infant Safe Sleep**

At Fred Moore Day Nursery School, your child's health is our primary concern. The U.S. Public Health Department and the American Academy of Pediatrics strongly recommends that infants be put to sleep on their backs to reduce the chance of Sudden Infant Death Syndrome (SIDS). At first, some babies do not like sleeping on their backs, but most quickly get used to it, and this is the best sleep position for your baby.

At Fred Moore Day Nursery School, infants who sleep in a crib will be put to sleep on their backs. A few babies have health or medical conditions which may require them to sleep in alternate positions. A signed physician's waiver is required to allow a child to sleep in an alternate position.

It is Fred Moore Day Nursery School's policy that children over 20 lbs. will not be placed in a bouncy chair or swing to sleep. These children should be allowed to sleep in a crib which is less confining, and allows the child to roll over as needed.

Texas Child Care Licensing requires that all soft or loose bedding such as blankets, sleep positioning devices, stuffed toys, quilts, pillows, bumper pads, and comforters must not be used in cribs for children younger than 12 months of age.

My signature verifies that I have read and acknowledge Fred Moore Day Nursery School's policy on Infant Safe Sleep.

X \_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date